

Intro to the Spiritual Weapons



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THE WEAPON **MANUAL**

FOR THE ENDTIME HEAVEN'S CHILDREN !



PART 1 - SOME NOTES ON THE ULTIMATE WEAPONS

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SOME NOTES ON THE ULTIMATE WEAPONS

The spiritual weapons are an extension of My power and Spirit, and when you wield them, you never lose, ... because I never lose. We are connected, and **when you wield the spiritual weapons, you are wielding Me**. You are channeling **the power and energy that created the universe**, and the Enemy can't stand against it.

He'll never win, because **I've already beaten him. He was defeated by My death on the cross. He's the eternal loser.** The attacks he sends your way now, fierce as they may seem, are in actual fact pathetic bluffs,, because he's already lost. He can't win no matter what he does and how hard he tries. **Just by accepting My gift of salvation and love for you, you've already won the victory.**

You're already the winner and the champion, and there's nothing the Enemy can do about that. He'll try to dissuade you, try to get you to doubt and despair, but **as long as you cling to My love and use the weapons I've given you, you'll always win, always beat him...**

His attacks against you strengthen you, *as you fight and do My will*. But he's never strengthened by your attacks against him, only weakened. Every blow you give him sends him reeling, whereas **every blow he aims at you only strengthens you and enhances your skills, if you choose to fight**. So, as you can see, this is really a really "unfair" fight, in that , you've already won and are strengthened every time he tries some new trick against you; whereas he's just left beaten and bloody and further behind in the dust every time!

(ML 3658:94-97)

You – the Children of David – have been chosen to be the greatest manifestation of My Spirit since the day the world was created. You have been called not as missionaries alone; **you have been called as the presence of God on this Earth for this hour. You are the Shekinah Glory, the Glory of Heaven at this time.** You are the very mouth of Christ, the hands of Heaven upon the broken world which surrounds you...

There will be signs following! You shall be called the children of the signs, the people of the signs, for the world will see the signs of My love following you and working in you. You will be strong, and you will do exploits.

(GN 3384: 66,147)

I have called you friends and lovers, and also comrades in arms. **This is our quest – to free those held in bondage by the dark forces.**

(ML 3567:41)

They just run and the darkness dissipates before them. They have enough power from My hand that **they become like weapons themselves, they are My weapons.**

(GN 976: 106,107)

They have no visible weapons, for in the keys lies all the power they need.

(GN 1030:66)

Without this added power of the gifts of the Spirit by your side, you simply could not make it. **Without any of these new weapons you are incomplete.**

Each weapon of the Spirit enhances the other, and they must all be used in order for the full power to be given.

(GN 1113:45,58)

Every helper, gift, power, and anointing granted to you is empowered in direct proportion to how diligent you are to acknowledge them, call on them, and in faith use them.

(GN 1181: 181)

The weapons of the spirit can only be used skillfully as you **make them a part of you**. They can never become a truly useful and effective tool if you are trying to use them without **fully integrating them into your ...every thought, every feeling, every fiber of your being...** They must become so much a part of you that they become your motivation and your desire, so that every action is based on and motivated by My Spirit through these tools... **When you make them a part of you, they blend together to become one weapon of unlimited power...that nothing can stop or resist...**

You will be able to go far beyond anything man has ever accomplished before, because **it will not be** the nature of man doing it, but **My nature in you through these weapons that will destroy evil, defeat Satan, and bring light, life, love and power to one another, to yourself, and to all those you touch.**

(ML 3532: 176-180)

Obedience is really what a lot of the parallel wars principle comes down to. It's not possible for you to be perfect in the spirit, use all the weapons in every battle, and "score" perfectly on the spiritual fighting scale. It's also not possible for you to be perfect in the physical warfare. You will sometimes fall short on both. But **the important thing is that you're being obedient. That's** what I ask of you.

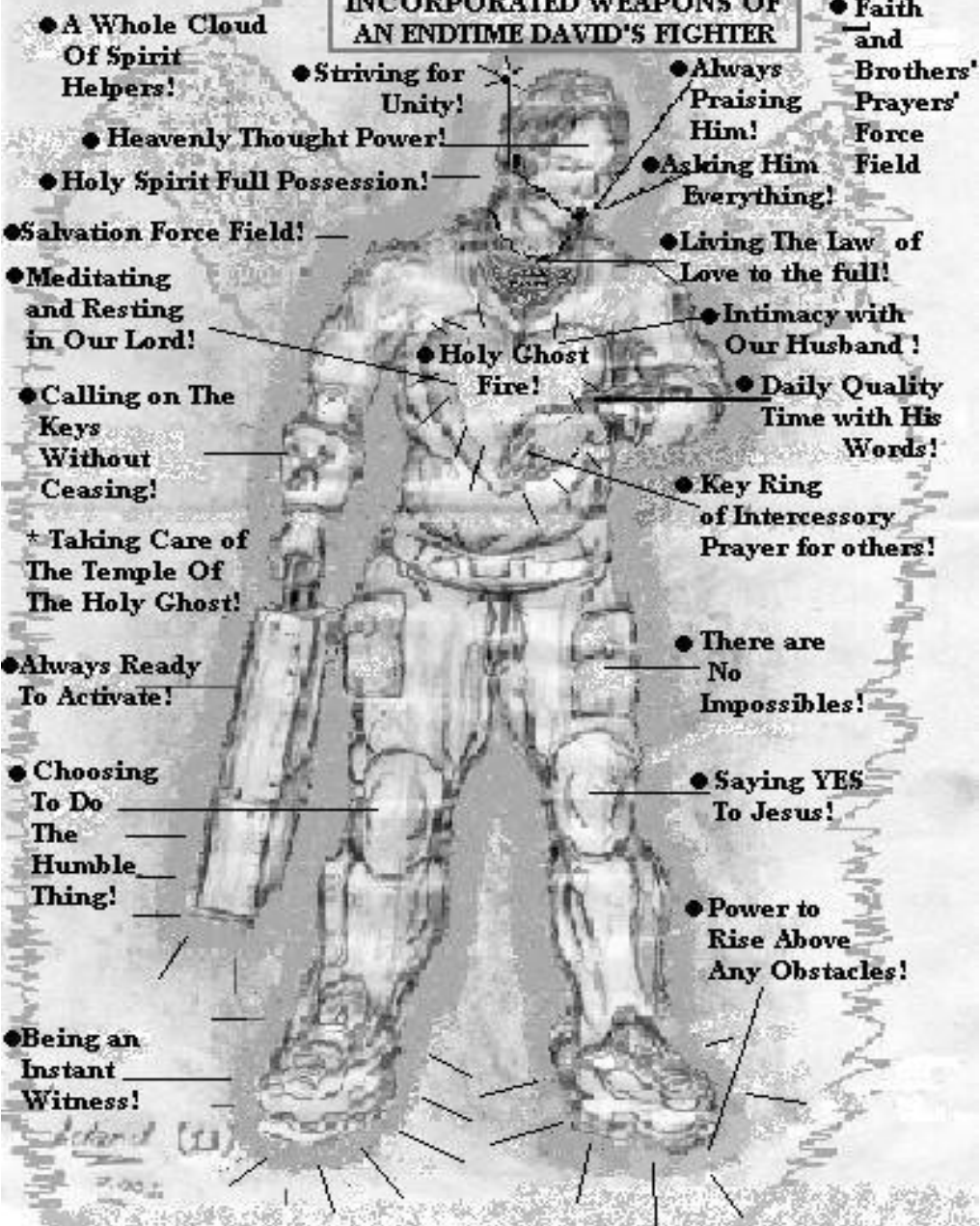
(ML #3626:37-39)

The spiritual weapons fueled by My power, are worth more than all the money and power and fame on Earth combined, and I have given them to you. They are a secret weapon, a pass code to glory and success, in short, they are **the only method for winning this world...**

You need to receive your plans in prophecy from Me. In doing so, they will be blessed with My backing. You need to saturate your future with proactive prayer. As you do, you will enter into success instead of running into setbacks. You need to praise your way out of difficulties and into fruitfulness. As you do your faith will grow.

(ML 3710: 46 – 48, 50)

**INCORPORATED WEAPONS OF
AN ENDTIME DAVID'S FIGHTER**



● A Whole Cloud
Of Spirit
Helpers!

● Striving for
Unity!

● Always
Praising
Him!

● Faith
and
Brothers'
Prayers'
Force
Field

● Heavenly Thought Power!

● Asking Him
Everything!

● Holy Spirit Full Possession!

● Living The Law of
Love to the full!

● Salvation Force Field!

● Meditating
and Resting
in Our Lord!

● Intimacy with
Our Husband!

● Calling on The
Keys
Without
Ceasing!

● Holy Ghost
Fire!

● Daily Quality
Time with His
Words!

* Taking Care of
The Temple Of
The Holy Ghost!

● Key Ring
of Intercessory
Prayer for others!

● Always Ready
To Activate!

● There are
No
Impossible!

● Choosing
To Do
The
Humble
Thing!

● Saying YES
To Jesus!

● Being an
Instant
Witness!

● Power to
Rise Above
Any Obstacles!

THE FIGHTERS CREED OF THE CHILDREN OF DAVID

We are soldiers! We are conquerors!

To fight in our Lord's wars is our calling. This is our destiny, To set back, to defeat or conquer until completely rout our adversary.

We are aggressors, we are attackers, we are overcomers. This is our calling and our commission.

We will take the initiative and get the upper hand.

We will fight this war to the best of our ability.

We will give it all we've got!

We will fight with heart, mind, body and soul!

We will win the war.

We will learn to enjoy stamping out the enemy and rescuing our souls, our brethren and the lost from his clutches.

We will take over the world for our King and Husband and Commander in chief. This is our goal and our focus, what we vow to live and breathe and fight for each day.

We will scare the Enemy back to Hell because we are channels of the full power of God through our use of the undefeatable and invincible weapons of the Spirit that He has entrusted to our hands.

Our attitude toward the Devil will be one of a seasoned veteran fighter who is not shocked or surprised or overwhelmed by the Enemy's tactics, who has been

through the worst and has won and knows that with the power of the spiritual weapons any attack will end in defeat for our adversary.

We will take active steps to grow in wielding our weapons of Love and Unity which are some of the prime weapons that will help us to win disciples of all nations, and win the world for Jesus.

We are an uncompromising threat to Satan's realm.

We are an aggressive invading force conquering the Enemy's territory.

We are tough and mighty in Spirit because we have a tough and mighty God.

We are strong in Him and in the power of His might.

We are the Children of David and are destined to be shining lights in the deepest darkness, to endure to the end and receive the crown of life, to be men and women of faith who will do exploits and help the Gospel be preached in every nation before kings and governors, before hungry crowds and raging mobs, to bring many to our Husband, and our witness will be greater than any who have gone before.

In order to fulfill our mission on Earth we commit ourselves to becoming proficient and experts in the art of spiritual warfare.

We resolve to focus on becoming offensive fighters!

We will anticipate the Devil's next move and pre-empt it.

We resolve to storm the gates of Satan's strongholds!

We dedicate ourselves to learn to fight effectively.

We resolve not to be intimidated or discouraged by the battles.

We choose to love the fight and to relish the opportunity of hitting the Enemy where it hurts!

We determine to go to bed at night and wake up in the morning with our weapons in our hands.

We resolve to constantly look for the next way we can defeat, surprise and devastate the Enemy.

We will not waver in our knowledge that we are seasoned veteran fighters, dangerous to the Enemy, and that we have the power to defeat Him every time.

We commit ourselves to engage in the Enemy!

We resolve to focus on the victory!

We determine to ambush, rout, massacre, obliterate and slaughter the Devil!

We determine to learn to anticipate the Enemy's moves, and pre-empt them.

We commit ourselves to fighting and killing Satan's minions wherever we find them!

We resolve to use all the spiritual power available to us.

We resolve to welcome the battles, because they are our teachers and make us stronger, wiser and more fierce adversaries, more equipped to be effective soldiers.

We commit ourselves to persevere with the key of Determination.

We resolve not to give up until we see victory, and not to rest until we see our Enemy slaughtered.

We determine to fight Him, heart and soul, body and strength.

We determine that we will be moving targets.

We commit ourselves to advance into the Enemy's territory attacking Him first, and not waiting for Him to attack us. We will fight the Enemy with passion and fervor, and will not give up until we see victory.

We will not rest until we have seen our Enemy defeated.

We determine to wallop Him, assault Him, bombard Him, combat Him, blast Him, confuse Him, and finally obliterate Him!

We resolve to use all our fire power and put down His forces completely.

We will take on the undefeatable weapon of Praise, and use it in every situation no matter how we feel!

We will brandish our weapon of prophecy, and through it have fore-knowledge of the Enemy's attacks and chart the cost of victory.

We will skillfully use the weapon of loving our husband intimately till we are known as His intimate brides who are victorious in every battle.

We will wield the weapon of humility, even at the times we least feel like it.

We will diligently use the weapon of focusing on the power, and will put down all attempts by our adversary to

distract and confuse us.

We will charge with the weapon of the Keys, knowing that their power is unequal, and victory is guaranteed.

We will wield the weapon of Love and Unity, knowing that Satan is defeated by it.

We will rely on the weapon of Prayer, exercising and stretching our faith in this area, as we claim the miracles promised to us.

We will rely on full possession by our Husband, for though we are weak, He is strong in us.

We will deepen on the weapon of working with our Spirit Helpers, and through them be all that our Husband needs us to be.

We will unleash the weapon of the Word on our adversary, and not rest until He is defeated.

We choose to lead the way, and be the attackers, the aggressors, The conquerors.

We will persevere, endure, and triumph!

(ML. 3532 Last Section)

THE WINNERS CREED

**I am a winner because I think like a winner, train like a winner, and perform with the attitude of a champion.*

**I pray like a winner, expect miracles like a winner, and step out to receive the answers like a winner.*

**I am a winner because I shoot for the top.*

**I set goals that I know will stretch me and expect Jesus to help me meet them.*

**I work toward the impossible with faith and endurance and never rest until God's highest will is achieved.*

**I am a winner because I refuse to accept second best, but instead, determine to keep up the fight until I have found what I know is His highest and best.*

**I am a winner because I praise Jesus and welcome every challenge and struggle, knowing that it will help me to grow stronger in determination and conviction, and will stretch my faith.*

**I am completely dependent on God for the strength in order to resist the things that would make me less than a winner.*

* I am a winner because yielding to Jesus is my constant state of mind, 110% discipleship is my constant vision, following His example is my lifelong goal, and He is my constant companion.

*I am a winner because I'm determined to follow the path He has shown me, knowing it is the best path, rather than any tempting shortcuts or rest stops or the smoother way of the Enemy that could result in my defeat.

* I am a winner because I have Christ-confidence; he gives me faith to place absolute trust in His Words, which are the only reliable authority, and to see Him in my teammates and co-workers, and respect His Spirit in each of them.

*I am a winner because I have learned to welcome criticism as an opportunity to grow and learn, to check my heart and improve my skills, hone my discipleship, and kill my pride.

*I am a winner because I have been training for years and have built the faith that I need in order to attempt the difficult and overcome the seemingly impossible through the power of the keys. I've learned to see obstacles as things that will lift me higher as I climb over them.

*I am a winner because I am made in the

image and likeness of my Creator, Who gave me a burning desire, a measure of talent, and faith to attempt the difficult and to overcome the seemingly impossible; to see defeat as temporary, as a chance to fight that battle better next time and gain an even greater victory as a result of what I've learned..

*I am a winner because the race is worth running, the prizes are worth collecting, and Jesus is worth it all in the end; because the joy of the Lord gives me the right perspective about the past, power for the present, and purpose for the future.

* I am a winner because I am Jesus' bride, married to Him, deeply in love with Him, and entitled to everything He possesses. The future is going to be more stupendous than I can even imagine.

(ML 3768 – Jewels From HIM)

SOME NOTES ON THE KEYS

The keys can be anything we need them to be. The value of the specific promises is in reminding us of what the Lord has promised to do, but *we don't have to be limited by the wording.* **Whatever we need, according to the Lord's will, we can claim through the keys!**

(HIM March 1,2010)

By **reading the key promises often**, and committing them to memory, **the keys will become one with you** more and more, until your automatic reaction will be to call on the keys.

(Gen-up 4 p.16)

Think of all the new weapons. **The keys would be the recharging clips for all of them, the power clips for any and all of the spiritual weapons ... The keys give you access to God's power, and as such fit into every new weapon and boost and lift them!**

(Xn 61 p.9)

The power of the keys can lock the demons of hell and all Satan's bad influences and deeds, and **you can loose completely the outstanding, tremendous, invincible and incredible Heaven's power with the keys that you carry in your hands.**

(ML 3548:40)

You must keep the power flowing. This is how you can gain ground, this is how you advance, this is how you assure your success. **Keep calling on the keys for everything, big or small.** Thank you for being willing to be My generators, powerhouses of My key power. When you are strong in the power of the keys, I will do anything for you!.

(ML 3567:12)

If you will **listen**, if you will **tune in**, if you will **acknowledge the keys in all your ways**, they will lead

you, they will chime in your ear, warning you of, signaling you which direction to take, giving you checks of My Spirit...and the key chimes will infuse you with peace as well as strength to carry out your mission.

(ML 3435:26)

The keys are alive, and they **represent our Savior's Spirit** and all the power of Heaven, which can never be conquered.

(GN 962: 35)

Love is the greatest force; **My Word** is the greatest force; the power of **the keys** to the Kingdom is the greatest force in the world, in the Heavens and in the Universe! **These three are one**,

just as My Father and I and the Holy Spirit are one – three separate beings with different attributes, and yet, one in the spirit.

(GN 971: 32-36)

The keys connect you more closely to Heaven and all that is waiting for you, and they **can give you a measure of the power that will be yours when you are here with Me. They can do anything for you! Use them!**

(GN 1181: 59)

Power of the Keys =	Commitment to Discipleship
	+ Daily Dedication
	+ Use of it !

(ML 3368)

...there are many keys...If they were to be pictured in earthly terms, they would comprise a huge, massive, powerful key ring.

For every impossibility, there is a key that is perfectly designed to transform it into a possibility. There is a key for everything. ...For every evil opposing spiritual

force, there is a spiritual solution through the keys. For every negative, there is a positive. (ML 3599: 117)

I am the Creator of **the keys; they are in essence an extension of Me and My power.** Many of them I have created or perfected especially for you, My Endtime brides. They're tailored to the specific needs you face in this day and age, and are **specially designed to counter the Enemy's weapons and attacks against you.**

(ML 3599::162)

They will speak to you. Yes, that's right. **These keys are possessed with My very own power and spirit, and they will speak to you.**...The keys are living. They speak, they move, they act. **They have a life of their own** ,yet...they need your touch to activate their power. Call on them. Touch them. Handle them. Use them. Learn about them. Understand them. Then avail yourself of their power!.

(ML 3599::26,27)

If there is a situation in which you feel the need for a specific key, don't hesitate to call on it whether you think it exists or not –because if it doesn't exist already, the moment you call on it it's made for you!...There is a key for everything! (163,164)

When you call on Me and My name, Heaven goes into action...Likewise, *when you use the keys, you tap into yet another source of energy, another great fount of power that has been prepared for this day and age.*

And now that you possess these keys, I can speed along My return, and the Enemy will lose his power...

(GN 946:22)

Claim the power of the keys. Concentrate. Focus. Believe and expect miracles. (41)

In these Endtime days, every single one of the children of David will need the power of the keys. **As you enter the Time of the End in earnest...you will not make a move without them.**(35)

It is through this power that you will become the leaders of the Christian world in the Last Days. (98)

The keys can be your constant companions and helpers, and can aid you continually. So **make use of them continually.** (45)

They are so simple that even a child can use them. Just say the words and the door will be opened. (152)

The keys will work for you as long as you call on them in faith, no matter what words you use. (173)

As you ... **learn what specific key to use,** you will unleash even greater power, and you will also have the satisfaction of seeing **specific answers to specific prayers...** I want you to **use them to their greatest power.** I want you to hold them within your grasp and learn the beauty and power of each one; to **become masters of the keys, skilled in their arts, opening each and every door that you desire to enter.** (120)

Do you realize that **through using these keys you have access to My powerful magic?** My magic is **gold magic!** It's far beyond any magic the world has to offer. My gold magic is **the power that runs the universe!** It is **the highest commanding power over the physical and spiritual realms!** My gold magic is power enough to control every circumstance, and every happening.

(GN 956:106)

The keys wage war against the carnal mind of man, and will defeat pride in all its forms. (Key Promises: Pride)

The Keys will not yield themselves to those of impure hearts and wrong intentions. The keys cannot be tricked nor duped.

(ML 3599:77)

(Ellya) **The keys are alive**, moving, and spiritual. **They can transform and morph and multiply** as needed.

The keys can be many places at once, for **they are a part of God's Own Spirit, being the Word, being our Lover. They are one with our Creator,** and therefore have special powers of movement and presence.

While the keys take on the visible appearance of a mere handful of keys while in the hand of God, at other times, when called into action by someone fervent prayers, they can multiply into any number. For example, they can surround a Home with an impenetrable ring of keys, providing protection and safekeeping.

ML 3599:165

(Jesus) Because the keys only perform My highest will, it's important to find out My highest will when you claim them, if you want to be truly effective. One way to do that is **by asking Me to show you what you should be praying for**... I might ask you to pray for something that you would have never thought of, had you not stopped and asked Me... your prayers will be the most effective possible, because you'll be praying in the direction of My will... **The keys must be used in conjunction with My will,** and as you do so, I will perform your requests in the way that I know best. And remember also that I see the past, the present, and the future, and ***My manner of answering your request is almost always going to be somewhat different than***

what you had in mind. Your job is only to channel that power by being humble of heart and making a vacuum that I can fill. You need to suck in the spirit and work up that desperation, and then it frees Me to do My work in My way.

ML3473:67,87

...Quote and stand on the key promises. That you can be doing all the time, and you should be. **Whenever anything comes up, call on the power of the keys and claim a miracle. LET THE KEYS DO THE WORK.**

I mean for you to use them at every opportunity! I want you to try them out, to seek Me for new ways to use them, **to be continually calling on their power and using it all you can!** The more you use them, the more you will grow to depend on the power of Heaven. It will become like an addiction, to the point that you will feel powerless without it. This is the way I mean for it to be—This is the way it must be in the days ahead. For the powers fighting against you will be increased, and the only way you will survive is to be so closely connected to Heaven's power, so exercised in using it, **so familiar with what it can do for you, and completely dependent on it, that you are literally one with the power of Heaven, one with Me!**

MI 3599:28,53

(Jesus:) **You will be known as the people of the keys,** and the only way this will come about is **if you tell others about this power and teach them how to use it. This is the destiny of the children of David**—to become those who hold the power of the keys, who are known for its power, and who teach others to believe and accept and use this power.

It is through this power that you will become the leaders of the Christian world in the Last Days. They will need this power to make it through the Tribulation, as you will, and they will know and see that you are the ones well versed in it, who understand it, who have experienced it, and they will come to you to learn of you. As **those who are My children and who are worthy of the power of the keys humble themselves to learn about it from you**, I will grant this power unto them as well.

ML #3599:97-98

(Jesus:) The gift of **the keys is for those who give Me everything they can**, who go further than just the minimum, **who are willing to use the power for My glory alone**.

ML #3599:101

(Jesus:) "The Enemy's attacks grow stronger by the day, but the key power I've given you grows even faster and will cause you to triumph." Remind yourself often of the ever-growing power of the keys. Just because the Devil's attacks are growing stronger is no reason to give in. Your power is superior to his. You can win every time. You can triumph over every attack. You're not weak or puny when you hold the keys. The keys make a warrior out of you. The keys are like your superhero suit that transforms you and what you are capable of.

When you use the keys, it's like donning your spiritual hero suit. That's when nothing can stop you, hurt you, defeat you, or outsmart you. Suddenly you can fly, suddenly you have greater strength in your arms, suddenly you're invincible. Anything the Devil tries against you is like

child's play, because with this hero suit on—with key

power enveloping you—you can withstand and outmaneuver his every attack.

When you see trouble looming, when you hear of a difficult situation, when you encounter a problem, when you hear a cry for help, that's your time to shine! Throw open that closet, pull out your hero suit, pull it on, and run to the rescue. By calling on the keys for difficult situations, by using the keys to overcome the problems you face, by claiming the keys for the difficulties of others, you're able to go to the rescue in the spirit!

Become a superhero of the spirit by actively using the keys.

(XN 142:p.12,13)

SOME NOTES ON HELPERS

Your spiritual helpers and warriors...are created and outfitted...to complement the keys in defeating your spiritual adversaries.

...you have crossed the line between Earth and Spirit, **calling on one of Mine by name.** –And there is great power in that crossing over and in being specific. ...In getting to know these powerful spiritual warriors, **it's a little like getting a personal trainer or coach...** they can give you valuable personal instruction on how you can fight that particular spiritual adversary. (GN 1181: 247,250)

You, My children in these Last Days are moving into place, to work with your helpers on the Other Side as never before.

Get to know them. Ask them their names. Talk to them. Thank Me and them for their help.

Sometimes I purposely do not give you the full answer or the full instruction on a certain topic, because **I want you to also ask your spirit helpers for advice and counsel.** I want you to also learn to **work in teamwork with them** and not only Me.

Needs will always arise throughout your day that you can call a specific spirit helper for. **The key is to recognize the need, link it to the spirit helper who governs that area, and request help and counsel.**

(GN 1113:55, 40)

The more you **ask Me specifically for help from the spiritual realm for everything that you do,** the more you are aware of **the many spirit beings about you who pour their experience and their tips through your open**

channel.

You simply feel all the more humbled, for **you know you are but poor representatives of the mighty warriors and amazons and teachers and scientists in the spirit who are at your side, whispering words of wisdom and ideas of brilliance into your ear.** You must not fail them by failing to **listen to their whispers.**

(LinkUP 12)

SOME NOTES ON ENEMIES

These demons with their cohorts are allowed to work in the hearts of those who have been blinded by their sins.

(GN 1039:191)

I want you to become more vigilant in seeking out the root of the problem and **seeking out the names of the specific demons who are attacking you** so that you can receive their names and **bind them by name.**

This is one of the principal methods of attack against spiritual powers —call them out by name. Ask their name, and they are bound to identify themselves to you so that you can attack them. Ask and you will receive their names,

and I will use their exposure to help you win the victory.

(GN 1006:20,21)

These devils are **afraid** of you knowing their **name**:
There must be some special power in rebuking them by name.

Help us (Lord), to be fearless in our resistance of all our enemies in the spirit world.

(ML 261:24)

Exposing the enemy is the first step to defeating him, and you must be able to see your enemy in order to fight him effectively. So *My children must learn to ask Me to reveal to them who is fighting them and who is helping them from the spiritual realm. If they're faithful to do this, their efforts in battle will go much further, victories will come quicker, and they will learn to recognize the Enemy's attacks and advances easier, as well as recognize the help from the spirit world.*

This is all part of taking on heavenly thought power and becoming more aware of the spiritual realm, linking yourself to it, availing yourself of the power which is yours, and fighting with it, rather than ignoring it and struggling in the flesh.

(ML#3412:21-22)

SOME NOTES ON THE WORD

That is your best defense against spiritual attacks, **to be strong in My Word and My Spirit**, for then you are well armed, well defended, you are one with Me and one with the keys, and you have access to their full power. *The Enemy*, being cunning, *doesn't like to attack those he knows will give him a hefty blow in return*; he looks for those who are weak. (ML 3420: 166)

The Word is Me, I am the Word!

The Word is the most powerful truth on Earth.

The Word keeps you in tune with Me;

My Word is the source of all true strength.

You can't have faith without My Word.

My Word is food for your soul and health to your flesh.

My Word cleanses, It makes new. (Jn. 15:3)

My Word never fails. My Word liberates; It is freedom.

My Word keeps you from falling. (Jud. 1:24)

My Word will stand forever.

My Word gives you peace.

My Word is wisdom. It makes the simple wise.(Pr.4:5,7)

My Word gives understanding. (Ps.119:130)

My Word is the discerner of all things, of every thought and every intent of every heart. (Heb. 4:12)

Through My Word you partake of My divine nature: you become like Me. (2Pet. 1:4a)

Through My Word, you escape the corruption that is in the world. (2Pet.1:4)

My Word is the secret to power and victory, the secret to overcoming and fruitfulness, the secret to everything!

My Word is your link to My mind.

Living in My word is the first step to receiving Heavenly thought power.

Absorbing and applying My word in your lives is the first step to focusing on My power.

Absorbing and applying My Word opens the door for Me to fully possess you.

Absorbing and applying My Word to your lives daily and following the Word is the most important thing you can do

(ML 3433:64)

(David)**All I have to fight the Enemy is the Scriptures that I have memorized.** That's all you'll have, is the weapon you already have in your hand. I just keep going over those Scriptures & praying in tongues. (ML#2063:3)

THANK YOU JESUS FOR THY WISDOM & THY WORD, LORD! We don't know anything, really, we haven't anything. All we know is what You've said & You've told us & what You've shown us, & we just follow Thee.

(ML#2040:35)

Do the children all know *the most important Psalms by heart*? They're going to need them. I need them too. I have to refresh my memory because that's all the Word we're going to have. **All we're going to have is what we have in our hearts & our minds. And we'll have to keep quoting them.**

(ML#2063:1)

(Maria)Remember, however, that when you begin to try *to change your friends it will take the same to change them as it has to change you—a real bathing of the Word, that anointing & inspiring & envisioning of the Word.* What can change our hearts?--Only God's Word can truly change us, and the same is true with your friends. (MOM#83:4)

SOME NOTES ON PRAYER

Prayer is the essence of your service for Me. I want to repeat that: Prayer is the essence of your service for Me. It is by prayer that you show your dedication to Me...

Prayer is the sacrifice by which you prove your rank and your honor as a warrior. **It is one of the basic requirements for any soldier in this outfit.** Prayer is the fundamental upon which the war for this world is fought, and it is the starting point for every miracle.

Prayer is not the secondary weapon in your armory, it is the primary weapon. Prayer isn't the sideline back up plan should you get in a tight spot. **Prayer is the plan, prayer is the strategy.** Prayer is the ball in soccer, rugby, billiard, or any ball sport. Without prayer the heavenly game of spiritual life would cease to exist.

Prayer is the fundamental fabric of the spirit world, and it's the framework of all the storehouses of the spirit. **Prayer is the lifeline of the spirit world, and the foundation for all action in My kingdom.** *Prayer is* as inseparable from your life as *the air you breathe*. Without prayer there would be no release of power, no spiritual energy, no action, no accomplishments, no miracles. Prayer is the critical ingredient to your spiritual life. *Prayer is the action which creates action.* Everything is dependent on prayer. Because of the importance of prayer, I remind you again and again that you must use it, live by it, swear by it and depend on it.

Satan has a whole division of his forces assigned to distract and keep you from **prayer**... because it is **the single most damaging act to Satan's kingdom.** If Satan can get you to

not turn your weapon on, to not use your equipment in the battle field, he has triumphed over you.

Prayer is like the electricity that powers the spiritual tracking and defensive equipment. **It is the offensive batteries, the fuel which powers the missiles against him.** The starting point for every offensive against him. That is why it is his major focus in any battle to keep you from praying, or from praying effectively. *If you don't pray you have no power, no answers, no miracles, no supernatural intervention.* **Prayer is the on switch for every spiritual action and intervention in your life.** The single act of flipping that switch powers on the spiritual forces, and begins the process of defeat for the Enemy...activating your prayer life is the single most powerful step a Christian can make in his life for Me, because through prayer you access all that Heaven has to offer.

If you don't pray My hands are tied... You are in the Control Bunker, you have command on **all the defenses and weapons of the spirit world.** But unless you **take the step to activate those weapons through prayer,** nothing, and I repeat, nothing is going to happen in your favor. You'll just get overrun...and you are a sitting duck. Get it? **You must pray even when you don't feel like it.** It really doesn't matter if you don't feel like fighting or not, when the Enemy shows up you have to fight him.

Keep your finger on that switch, and be ready to turn it on instantly and fully... shove the throttle to **full** and make a complete connection to **release all the power available and destroy the attack of the Enemy completely.**

I expect your prayers to be powerful, intense, meaningful and full of faith. *I expect you to believe in every word you are saying. Expect miracles with every word you pray. Demand power with every word that enters your prayer.* **Pray meaningful, expected, powerful prayers for everything. Slam your fists into the on switch and let it feel all the power you can muster. It was designed to take some real force, so use all the force and intent that I have given you to throw that switch powerfully, and watch Me take over. Got it?**

Prayers prayed in full faith believing that I will answer, intending to take hold of the victory will bring answers. Every prayer should be an intentional reaching for all the power of all Heaven... taking hold of Heaven by your prayers. Pray effective prayers by being deliberate, specific and fervent. Try Me.

(Compilation of ML 3565: 9-35)

(David)If there's something we can do to help the situation and we ask him what that is and how to go about it, *He will show us and help us to do it.*

But in the end, the thing that will help the more than anything and without which most of our labors are incomplete, is prayer.... He is the only One who can change hearts and minds...So *the best thing we can do to help people who are having problems is to pray for them.* We can't do the miracle that's needed, but the Lord can. **Our prayers move His hand and make things happen in the spiritual realm that change things in the physical realm.**

(Reflections 373 GP)

In this era of action and greater works , **this weapon of intercessory prayer** has been upgraded. As you, My army of the End, take hold of this weapon in faith, the light becomes a part of you. Your eyes take an unearthly glow, your body shines and pulsates as My Spirit flows through you. Beams of glittering light shoot out of your fingertips, your toes, and the ends of your hair. Then as you call on the power of the keys, the beams of light shoot out so strong that you can picture them lifting you off the ground. And the light that reflects off of Me –the mirror- is of such magnitude and power that it will work great miracles and do the impossible for those whom your prayers are directed toward.

(Xn Issue 11 Page 2)

SOME NOTES ON PRAISE

(Jesus) When faced with a battle, by using praise and lifting your spirit to glorify Me, you are in essence giving Me full control of the battle.

I tell you now, **the weapon of praise is one of the strongest weapons you can master.** When used in conjunction with My will, you will be victorious in any battle.

As long as Moses could maintain the spiritual attitude of praise in such a spiritual war... eventually the enemies would have to leave... and his praises won the war.

-Ex.17-

* Aggressive or Extreme Praise: This becomes the most deadly weapon you can wield in battle.

The strongest method of using praise is **to actually praise Me for the problem or hardship.** That's the method that **brings about the biggest miracles.**

This method of praise does not come naturally. You are going to have to practice diligently. It's one of the main secrets to the age of miracles during this time in history, the Endtime.

Learn to **turn every problem or hardship into a full praise**, and you will be an overcomer that the Enemy cannot touch or stop.

Do you trust that *I often allow circumstances or attacks of the Enemy simply so that I can manifest My power and do miracles* to change the situation and show the strength and power of the weapons that I have given you?

You must **strive to see every test and trial, every event, as an opportunity to give Me the glory somehow.** Refuse to accept the obvious...no matter how horrible or horrifying the physical situation may at first appear. Look to Me in prayer and **refuse to let go until you begin to see some good or some wonderful possibility that just is not obvious.** Remember that even in the face of death and destruction, you can find My love and My mercy revealed. And most situations aren't nearly that bad...**look above and beyond to Me for the good reasons...Focus on the good no matter how bad the situation seems to be. As you recall the wonderful things I have done and can and will do, faith will take hold and grow in strength.** Praise Me and keep praising Me until the light is streaming into your heart and spirit, and you are overwhelmed with thankfulness for the victories that this attack has brought you.-even though the Devil did bring it. *No matter what the battle, if you can turn the discouraging, negative feelings and reactions of the Enemy around and shoot them back in his face through your praises, you will win.* It doesn't matter if the physical manifestations of the victory are not immediate; your spirit is uplifted and you are put in a position to fight much more effectively. And *by having that spirit of faith and praise, you get an extra dose of grace and power to see you through the battle, no matter what it is, even if you are facing death, or serious pain, or a very trying emotional battle.* Use praise to defeat the Enemy and to lift your spirit above the clouds, as you soar on the wings of praise and rise above. The Enemy tries hard to keep you from

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praising. But forcing yourself to do it even when you don't feel like it, is how you become tougher as a soldier, a better fighter.

When you fight with the weapon of praise, the details of the situation become almost irrelevant, except that **you are thankful that the situation, no matter how bad or ugly, has paved the way to the fighting ring for you**, and has exposed the Enemy so that you can attack him **and let Me win the victory**. You're so thankful for My ability to use absolutely everything for good, that **you overflow with praise to Me, because you are honored with the opportunity and have the blessing of seeing Me move and act...***you have the blessing of hearing the bad news, because you are thrilled about the results you know I'll bring about,* the many Romans 8:28s that you'll see, and the good that will come of it?

When you **feel ...that thrill at seeming bad situations because you know that's the battleground where I am going to bring victory out of defeat,** then you're starting to get there with the weapon of praise.

You're not truly fighting with praise until you glorify Me in spite of the pain, suffering, tears, sadness, injustice and anything else.

Extreme praise is the way of the revolutionary, the extreme follower of Me and My ways, and of those who are willing to go to any length to love Me and praise Me and win others to My service. I love you, My heavenly extremists!

**Using Praise at the very beginning of any attack:*

In these days of battle, it is imperative that you, My brides, learn to **wield the weapon of praise in a proactive way.**- That you should **launch an offensive against the Enemy right at the start of the battle, when you first feel those little nudges, those little thoughts, those little trials coming on, or you foresee some difficulties or problems arising.** By using this weapon of praise in an offensive way ... **You will impair the Enemy at the onset, destroy his weaponry, and force him to retreat... sending him spinning, confused, unraveled, and unable to launch a clear attack.** The longer you let the Enemy have the advantage...the harder you have to fight to get rid of him. **The fastest way to win a fight is to defeat him as soon as he pulls out his little guns.** If you *use praise right at the beginning*, you'll find that often you won't even have to fight the entire battle... **Praise, when used at the right beginning, always gives you the advantage and makes you an instant winner.** Even when at times the battle continues for a little while, you can be sure that it will be easier and over quicker than if you hadn't used your praise weapon.

** No-Personal-Agenda Type of praise:*

The highest level of praise is “though He slay me, yet will I trust in Him” (Job 13:15), showing Me that you're thankful for what I've done in your life or the lives of others.

Full yieldedness is knowing that no matter what it looks like to you, I have a plan, I have all power, and I will do what is best. Show Me that although you don't know how

something is going to turn out, **you know that** I have a whole lot of good I will bring out of it, and **whatever I choose to do is all right with you.**

This kind of praise in the face of extreme difficulty, this unrestrained, unrestricted, no-personal-agenda type of praise is the kind that really gets results-and one immediate result is the feeling of power and happiness that will fill your soul even in the darkest, roughest times.

Praise Me for it, even if you don't see the good right now... tell Me that you are **praising Me in advance for all the good that I will do through this.** You refuse to accept your natural feelings about the circumstances, but you instead **choose to partake of the supernatural. You choose to praise and you choose to trust that I have a bigger, better plan,** and through your praises you are unleashing My power to bring about that plan. You aren't putting Me in a box. You aren't limiting Me. Your praises allow Me to perform whatever miracle I may have in mind. Your praises say that even though the circumstance or negative situation may change your plan, **you trust that I am bigger and greater than you are,** and you realize **that I see further ahead and that I will bring good out of the situation in some way.**

Encouraging others with praise:* **You must believe personally, and then gently impart to them, that no matter how great a blow the Enemy has delivered, I can and will turn it around and eventually make I a thing of wonder and beauty and good for them. Look for even the tiniest seed of positiveness or hope or praise, and build

on that. The tiniest spark is all you need to build a fire of praise and victory. Pray for wisdom in how to use it, and then gently blow upon it until it ignites. You might have to praise Me for a while before they have the strength to start praising Me themselves. But encourage their every effort. For it's that decision to praise that drives the Enemy far away, and brings the healing balm that will renew them and help them to recover from whatever they have suffered... **Praise can strengthen the faith of many.**

Don't be afraid to apply that potion of praise, mixed with love and humility. You owe it to your brother to care for his spiritual health. When you only sympathize and feel bad and show concern, you're essentially a bystander in the spiritual warfare. I offer you My hand to climb up and out of the sadness and into My perspective, where all is well, everything has a greater purpose, and where My love can surround you and heal you. Take on My nature, and I will help you to know how to use praise in even the saddest and most personally troubling circumstances as a rescue rope, a blanket of comfort and warmth and encouragement to those who are struggling.

You have **to look past the pain and suffering and instead let the light in through praise.** *Throw out the lifeline of praise to someone who is drowning in sadness or difficulty.* I can and will help you learn to mix praise with comfort and understanding, as you ask Me to help you take on My nature. The more you make praise a part of your life, the better at it you'll get. Soon you'll be an expert who throws out the lifeline graciously and with finesse, and will be able to both adequately *comfort and rescue* the one in need.

(Comp. ML 3533 and 3641)

SOME NOTES ON RESTING IN THE LORD

(Maria) The weapon of resting in the Lord is working in the spirit, putting your weight down on Jesus, and spending time in deep communion and fellowship with Him so that He can reveal to you His secrets, infuse you with strength, renew your vision, and love you long and tenderly. It's carrying a spirit of peace and faith, putting Jesus first, learning to see in the spirit, surrendering your will to Jesus, and is linked very closely to full possession.

...Be a manifestation of My presence to each person that you meet, in each situation that arises, in the face of each impossibility...be able to channel Me so fully that people will recognize Me in you just by a look, a touch, or a word...the answer lies in using the weapon of resting in Me...As you meditate and reflect on My face, you will become a reflection of Me. You will become a mirror of Me as you turn your face up to the light...reflect Me on to whatever situation arises. When obstacles arise, reflect My answers...In this lies the unbeatable strength and power of resting in Me. As you rest in Me, you reflect My Spirit, and My Spirit is the ultimate in overcoming all things, in answering all problems, in touching all hearts, and performing all miracles.

(ML 3784:19,20)

(Jesus) When you rest in My spiritual arms, *at first it might take you a few minutes to get comfortable, a few minutes to leave all the cares of life behind, to slow down in body and spirit so that you can think positive, beautiful thoughts about Me.* It takes a little time to enter into My rest, *to snuggle up with Me to the point that everything in the*

wings is under My full control. Then when you finally let everything go and commit it all to Me, when you put your full weight down and trust that I am holding you, you find the sweet rest of My Spirit. It's so beautiful. I love to hold you. I love it when you come to Me for a spiritual cuddle and time of rest. It makes Me so happy because it shows Me that you trust that I'm going to take care of everything, and that loving Me is the most important thing in life.

(ML 3622:50,51)

It is in stopping to rest in Me that you find your strength. And I do require that you **come**; that you **stop**; that you **lay aside all feverish activity and have regular times of resting in Me in which you put all else aside.** But resting in Me also means **leaning fully on Me as you work, putting your full weight down on Me, so that I am the one carrying your load.**

It's being fueled by My Spirit. It's **putting yourself in a position where I am the wind beneath your wings, I am the one carrying you,** and because of this you feel confident. **You are secure in Me because it's really Me in you doing the work. I am carrying you. It is Me, not you, and I won't run out. I will keep you from falling.**

(ML 3621:5,17,19,20)

During the Offensive...**the miracles, the witness,** the greater flocks, the financial stability that I have promised and that are yours, **will be in great part the result of your quietness and your confidence in Me.** Before I could face the multitudes to do the miracle of the loaves and the fishes, I stopped and waited on My Father. How else could I connect with the Power Source? Before I preached the Sermon on the Mount, I quieted My heart and focused My

sight on My Father, and He filled Me with words... My need for you to be a manifestation of My presence to each person that you meet, in each situation that arises, in the face of each impossibility, will only grow. What will you do? How will you cope? How will you be able to channel Me so fully that *people will recognize Me in you just by a look, a touch or a word?* **The answer lies in using the weapon of resting in Me...**

As you meditate and reflect on My face, you will become a reflection of Me. You will become a mirror of Me as you turn your face up to the light...reflect Me on to whatever situation arises...reflect My answers...reflect Me. In this lies the unbeatable strength and power of resting in Me. **As you rest in Me, you reflect My Spirit, and My Spirit is the ultimate in overcoming all things, in answering all problems, in touching all hearts, and performing all miracles.**

This is a secret weapon that I used during My days on Earth, and this will be a key to your personal success in the Offensive. Use the weapon of resting in Me.

(ML 3784: 17 – 21)

SOME NOTES ON LOVING JESUS

(Jesus) No earthly love or act of love or even out-of-this-world orgasm can even begin to compare with just a few moments with Me.

Loving Me intimately and really entering into My bedchambers fully in heart and spirit will be a source of great strength in the coming days.

As the days get progressively darker, **loving Me will literally be the refuge and tower you'll be able to run to and shelter in at any moment and on any occasion.** And in that tower-that special spiritual sanctuary outside all your physical senses and surroundings-you'll experience frequent physical manifestations of Me loving you.

This gift, along with being our intimate link and connection, will only be enhanced and magnified and come into its full glory and power as time goes on. **As the darkness closes in on the world, this weapon of loving Me intimately will literally keep you...As time goes on and you walk toward being fully possessed of Me and My new weaponry, that power will course through your spiritual veins, sustaining you.** In those days, even if you're all alone, separated from your loved ones, and lacking in some of the physical necessities of life, you will have a very real spiritual means, supernaturally filling and sustaining you...where our two worlds merge and you physically realize the power that is afforded you through loving Me.

Use those times of loving Me intimately alone to the full so you can experience and retain more of Me in your heart and spirit. Use those times with your partners to partake of Me in a greater, fuller, deeper, and more intimate way.

- (ML 3559:395,401)

Obedience today guarantees that you will be prepared for tomorrow. So I'm picking up the pace. I'm telling you to **invest in strengthening your connection with Me. Our intimate relationship and bond is a very important part of that connection.** Loving Me intimately is always going to be humbling. It's always going to be a matter of personal choice.

You are made in My image, full and complete. I have sexual parts, but I also have hands and feet and eyes, and I'm trying to fully mold you into My spiritual image. The sexual aspect of loving Me is important, but so is your witness to the world, so is your love for one another, so is your ability to laugh and take life happily, so is your ability to work hard, so is your ability to stay in shape and keep the temples of your bodies healthy. All these things are part of Me.

There are other parts of you that serve specific functions and you shouldn't ignore those either, or you won't have as happy and blessed a life.

I just want you to be like Me. You'll be amazed when you meet Me at how very balanced I am.

(ML 3559:341,371)

That word "**rapture**" is used constantly in literature, especially Old English literature, **to signify** or symbolize **the sexual orgasm.** They use the polite word "rapture" all the time.

We have a foretaste of that in the emotion of being filled with the Spirit! We're filled with His Spirit, we have an orgasm of the Spirit, & **we're completely taken over by tongues or prophecy or interpretation.** It is like an orgasm, you feel a real emotional surge! You have a

spiritual & physical surge when you have **an orgasm**. It's really supernatural! I don't think science has really explained it, & I doubt if they can, because **it's not just physical. It's almost like a seizure of the Spirit.**

(Maria: I think that's why the few cases you do hear of **Christians being imprisoned & in dungeons & tortured**, the real true accounts, it almost seems like **their spiritual ecstasy & orgasms so outweighed the physical discomfort, that by comparison they didn't even really feel it. They were so thrilled with the spiritual & the Lord became so real to them.**) They were already living in the heavenlies, already living in the Spirit, already experiencing the thrills & orgasms of the Spirit!--"Tasting the powers of the World to come!"--Heb.6:5

Just like in marriage or in a love affair,...This is how our lives should be, constantly, with lovemaking. When we're witnessing we're making love to the soul. And when they receive the Lord & they have that explosion of joy, that's the orgasm of the Spirit! Amen? When we come to the end of our lovemaking with the Lord in this life, ...They don't even die, they just suddenly explode into the land of the Forever Living!

(Maria: And when you've encouraged or helped a brother or a sister, you've had that spiritual orgasm too.) Amen, praise the Lord! (ML 2761: 20, 23,42,48,52)

Jesus)I encourage you to just collapse into My arms and let Me take over. Let Me give you the strength and the grace and the help that you need. I will strengthen your weary body and refresh your spirit and supply your every need.

(ML 3033:316)

SOME NOTES ON PROPHECY

These days are now the days of the voice of the Lord, the voice of My whispers, the strength of quietness, and the power of weakness. (ML 3014:42)

The only set idea you should have is **to be open to follow Me and hear from Me fresh every day and not make a move without My direction.** (GN 1090: 65)

And then there is the secret weapon that I have placed in the hands of every man, woman and child--those of My elite troops. **This secret weapon is the ability to hear My voice--My specific, direct instruction, guidance and encouragement.** You have the power to receive answers to any question. This is your keenest weapon, for it allows you to see in the dark and to anticipate your enemy's moves. It will be your source of supply and provision. It is your camouflage. It is your refuge.

This secret weapon is more powerful than the atom bomb, more accurate and dependable than smart bombs and computer-guided missiles! And **this is a weapon that can be in the hands of every soldier!** It is constantly fully operational; no one can ever take it from you, and it can't be lost. It's as light as a feather to carry around, and it's invisible to your enemies. They can't steal your technology and copy the making of this weapon. **It's the most powerful, effective, reliable weapon ever used and ever known to man!**

Very few have ever beheld this weapon in use, much less been entrusted with its care. It is unique, precious, invaluable. **It is a weapon of war. It is a lifesaver. It is a comforter in time of need. This is the weapon of all**

weapons that I am entrusting into the hands of the children of David for the Endtime.

I have it in My hand even now, and **I am eager to give it to you.** All you have to do is ask, and you will receive.

Step out by faith, take the tiniest first step, and I will meet you, I will honor you, and you will have that which you ask for. **When you seek Me desperately, and you desire to hear My Words, to speak My Words, and to have this gift, I will give it to you--freely, willingly, without restraint!**

Hearing My voice is the key to success, the key to fruitfulness, the key to happiness!

As you can probably imagine, the gift of prophecy will be of utmost importance for you to be able to get your daily instructions, sometimes even hourly instructions, from Me. You will find yourself in situations where it will be impossible to know what to do unless you can hear My specific, divine Words of guidance. For you will be in unfamiliar terrain. You will be as a stranger in a foreign land, seeing things you've never seen before. You will sense the danger and you will know that one misstep or mishap could cost you your life, or the lives of your loved ones. **You will have such desperation that your channel will be acutely attuned to Me.** You will not only hear My whispers and feel the nudges of My Spirit, but you will hear My Words clearly and specifically. And because you will have spent much time in practice and exercising your gift, you will have the faith to obey these Words and to know that it is I Who speak.

(ML 3140:22,23,24,26,5, 28,29)

SOME NOTES ON HEALTHY LIVING

(Maria:) Our bodies are the Lord's temple, and it's our duty to take care of them so that he can use us to do His work and His will. Staying healthy doesn't happen automatically; it's hard work and something we have to invest in throughout our lives.

Thankfully, God has laid out some pretty straightforward **rules for staying physically healthy**. These can be placed in three main categories: spiritual, emotional, and physical. **The spiritual aspect** is *staying right with the Lord*, obeying Him and staying in His will. **The emotional aspect** is *maintaining a trusting, faith-filled, positive attitude*, and eliminating stress, worry, fear, and any other negative emotions from your life. **The physical aspect** is pretty much summed up in "*Eat right, sleep right, exercise right.*

(Jesus) Through obeying My rules for healthy living, you ensure that your lighthouses carefully and methodically built up and maintained, and that you stand strong as My light to the weary ships at sea. Through your obedience in these little things, you are able to fulfill your destiny.

(ML 3627:2,3,7,130)

(Maria)**In health matters, as with many other things in life, the Lord will not roll away the stone for us if we haven't done what we can do...** We cannot expect Him to protect us or override negative consequences when we could have made healthier choices but didn't.

(ML 3634: 2,6)

(Jesus) Satan's influence on the world is not just in the realm of abstract spiritual and mental matters. He literally seeks to destroy life, and one of the ways he does this is by causing people to neglect their health, to reject healthy lifestyles and eating habits, in the hope that they will destroy their physical bodies in less time. (ML 3634:18)

(David:) Proper diet, proper exercise, proper rest and proper living will keep almost anyone healthy.

Get on ...a regular sleep schedule of **seven to nine hours of sleep at night**. (Mop.54:28,55)

(Maria)**Balance** should be what you strive for—love, moderation, being spirit-led, being humbly obedient. Any other mindset will lead you away from godly living, and will not bear good fruit...

Most of the Lord's counsel ...is summed up very simply in the following points:

- Eat a **balanced diet**.
- Eat **lots of fresh vegetables** (including raw vegetables), **and fruit**. *They should make up a larger part than any other food group, especially vegetables.*
- Eat **whole grains** as opposed to refined ones.
- **Your body doesn't need as much protein** as you might have thought. Also, **get your protein from a variety of sources**; meat is not as healthy as it used to be.
- **Cook and prepare your food in a healthy way.**
- **Severely limit refined and processed foods.**
- **Severely limit sugar: Try to cut down your daily sugar intake so that it's no more than a teaspoon or two of sugar per day.**

(ML 3634:38,39, 83)

(David) Rinse your mouth thoroughly with water immediately after eating or drinking anything.

(ML 353:194)

Ice water cracks the enamel and that way decay can get in just like cracks in the pavement where grass grows.(199)

Always read in a good light that doesn't strain your eyes at all. You should have sufficient light so you can see clearly and easily, that way you don't wear out your eyes or tire them too easily. (ML 353:214)

Ten minutes (of sunshine) is all you actually have to have for good health. A half hour is plenty. One hour is really too much and you're passing the danger point.(227)

The common cold is ... mostly because people don't take care of themselves. They don't eat properly, rest properly, they work too hard, and they overdo and abuse their bodies with too much of anything-- And of course if then you get chilled, I mean really chilled or something and your resistance is down, you catch cold...you can get a cold just from getting you feet and ankles cold or from any part of your body getting chilled or cold.(ML 353:266,267)

(Jesus:) Your body needs **exercise...It's something that is absolutely necessary for your body.** It's just as important as good food and good sleep...And without it your building will crumble.

(ML 3627:101)

I made the human body to be strengthened, to thrive on exercise and even on being pushed to increase its capabilities. It's very similar to your spirit, in that if you

push forward, you grow and become stronger, whereas if you stop and do nothing, you start sliding backward. (148)

The most essential exercise for everyone is cardiovascular exercise –focused on exercising and strengthening your heart. If your heart is strong and pumping well and the blood is circulating freely through your body, you will stay much healthier as a general rule. (68)

Besides working your cardiovascular system, it's also important to strengthen and condition your muscles...this means either lifting some weights or doing exercises that involve resistance, working with your body weight- such as sit-ups, push-ups and pull-ups. (ML 3627:73)

There are as many ways of getting **exercise** as there are individuals... One constant is that **it has to be regular** (at least 4 times a week). **It has to be for an extended period of time...**And **it has to be vigorous...**By vigorous I mean exercise that gets you sweating and your heart pumping, that pushes a little and actually works it...in general, **you should break a sweat and feel your heart beating, and keep that up for a minimum of 30 minutes, as many days a week as possible, but no less than four.**

(ML 3627:102-104,142,165)

Whatever you do, remember the basics of exercising:

Warm up slowly first, don't push yourself too hard (but don't be too easy on yourself either), and then finally, **be sure to cool down at the end.** (121)

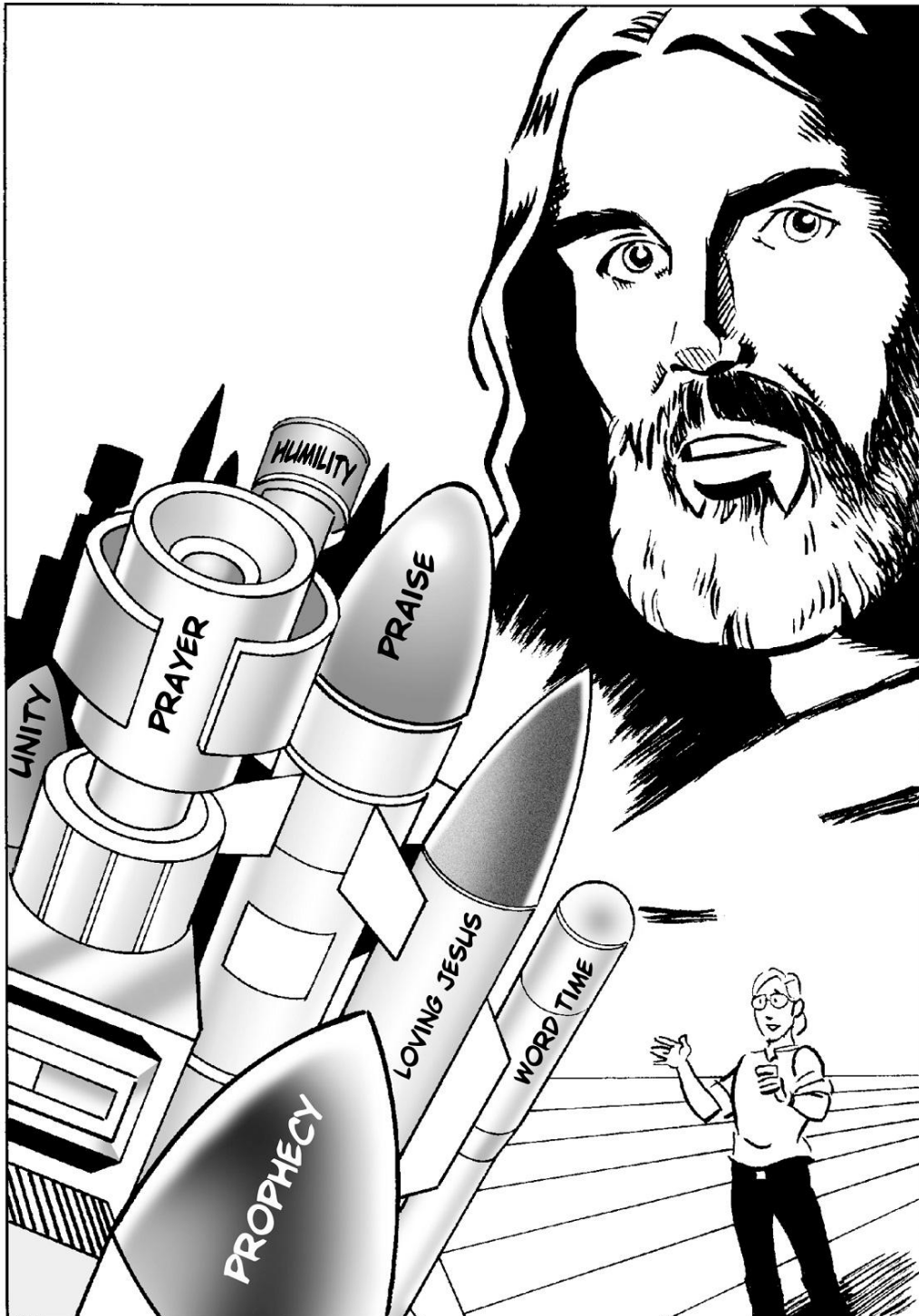
(Mama:)If you don't have time, make time. That's a commandment from the Lord. (164)

The X Factor!
**Using the Spiritual Weapons
Professionally in Our Witnessing and
Winning!**

By Maria

ML 3710 8/08

Condo



“The weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds” (2 Corinthians 10:4).

Hi, dear Family!

2. There are a few notable things that will make the difference –with the Winning Offensive-. Here are a few, and I’m sure you can probably think of more: One is that it’s the Lord’s time for it to happen; it’s His timing and His will—that’s a huge element. He’s set things in motion in the spiritual and physical realms, and the Winning Offensive is a key part of His plan for the Family and for the world at this time. It’s His time to begin to fulfill His promises about the Family’s future. As you know, there’s no topping or stopping the will of God.

3. The Family has been prepared and strengthened and trained. We’ve worked hard to root out compromise, and as a result we’re finally ready and in a place where He can trust us and commission us with this new task of the Offensive. He would have loved to turn our focus outward earlier, but we just weren’t ready. There were some things we had to go through as a Family and some things that we had to get straightened out in our spiritual lives first. We’re now stronger and able to do a better job of winning the world.

“Going into all the world” has been redefined for you to mean “going into all the world in God’s new ways with God’s new tools.”

9. Last, and by no means least, extreme use of the spiritual weapons will greatly impact our effectiveness in witnessing and winning. The Lord has made it clear that the Offensive is a work of His Spirit, and using the spiritual weapons to do the job is how you work in the spirit. It’s a manifestation of depending on the Lord; it’s part of letting the spirit work for you.

The spiritual world is where the real action takes place. What you see in the physical world is just a manifestation of action in the spirit world. Move into the higher plane; command miracles from a higher level.

12. The need: The harvest is plenteous. The Lord has set before us the challenge of not only preaching the Gospel to every creature, but making disciples of all nations. He’s asked us to expand, to reach and teach and train the leaders who will reach and teach and train others. In a world of over six billion, it’s a job too big for a group of people as small as we are—presently only a little over 10,000 of us—and it is far beyond the scope of the physical resources we have.

13. The weapon: The almighty power of God, wielded through the spiritual weapons, which He has revealed to us and trained us in, will be a vital ingredient, a make-or-break factor, a catalyst, a propelling force in the success of the Offensive.

14. The result: A dynamic movement of the Lord's Spirit—the likes of which has never been seen. A wave of witnessing and winning that will wash over the world and transform hearts and lives. A harvest of souls, followers, members, disciples, laborers, and spiritual leaders who will expand the Family and spread the truths of His Word in a way that is beyond our expectations and abilities. The preparation of the people of the world for the End, Jesus' second coming, and the establishing of His Kingdom on Earth.

15. (Jesus:) There are a lot of elements that will make the difference during the Offensive, that together will make it a success. It's not that there is any one thing that will do the trick by itself. The spiritual weapons on their own, without any practical action accompanying them, won't make the Offensive a success. If everyone sits at home and uses the spiritual weapons, but doesn't get out the door and witness and win, then not much is going to happen. Or if everyone goes out witnessing and winning in the arm of the flesh, that's not going to do it either. The success of the Offensive will come about through a fusion of different important elements.

16. However, when it comes to the spiritual weapons, the bottom line is this: Even if you do everything else right in the practical, *you won't achieve full success unless you use the spiritual weapons to enhance your efforts.* You will have some little successes and you will be able to accomplish something, but they will seem minor in comparison to what you could do with the spiritual weapons aiding you and boosting your efforts. *The spiritual weapons will make the difference. They are what will bring together all of your efforts in the physical, and will result in optimum progress and success during the Offensive.*

Do you want Me? Do you want My help? I'm offering you the power of God, no less! Will you take it?
Jesus

Remembering the power at your fingertips when you step out the door should be thrilling and exciting. Knowing that wherever you go the spirit world is altered by the power that you carry should give you confidence and allow you to proceed with godly pride.

I send you out into a world that is even more troubled and spiritually sick than it was when My first 12 disciples went on their witnessing mission. Because the darkness is now so much greater, the light you carry with you has been greatly magnified.

The light of My Spirit shines through you. It is activated even more when you realize that the spiritual gifts that I have given you are not meant to be "left at home," but are designed to be used as part of your weaponry to win the world.

Rules of Engagement

(Jesus:)

43. Reaching the world must be accomplished in the spirit—always, first, and primarily in the spirit. As you seek first the Kingdom of God and My righteousness, then all these other things will be added unto you. But to make that connection you have to obey, and you have to attack in the spirit, by the spirit, through the spirit, and for the spirit. Those are the rules of engagement.

44. *Prayer* will prepare the paths ahead of you. *The keys* will make your goals reality. *Your intimate connection with Me* will be your strength. *Prophecy* will guide you in all matters. *Spirit helpers* will tangibly affect your lives and the situations you encounter. *Praise* is an all-purpose transformation agent. *Brotherhood, the Law of Love, and unity* will turn on the faucet of My blessings. *Resting in Me* and casting your burdens on My shoulders will keep you sane and make all of this possible.

When you are not receiving the power you desire, don't cast away your faith, but rather redouble your effort spiritually. Pray harder, attack more purposefully with the keys, involve more spirit help, rally together in the spirit, and win through the spirit.

Better than a Million Dollars

46. *(Jesus continues:)* What cut it for David Livingstone or any past missionary isn't what cuts it for you. You've got more and you're going to do more with it. I can say so with certainty, because the minute you activate the spiritual weapons in your witnessing and winning, I feel the draw of power. Like the woman touching the hem of My garment in faith, you make the connection and I can feel you sucking the power directly from My endless reservoirs. Virtue cannot help but flow from My hands of blessing when you obey fully and completely.

47. Using the spiritual weapons is a step of obedience. The spiritual weapons are also your all-purpose tools for success. Remember that the Offensive is My task and winning the world is My goal.

48. ... What I have given you is better than a million dollars—better than a billion! The spiritual weapons, fueled by My power, are worth more than all the money and power and fame on Earth combined, and I have given them to you. They are a secret weapon, a pass code to glory and success. In short, they are the only method for winning this world.

49. You must realize that this has been an essential part of My plan all along. These spiritual weapons weren't only for your days of training, to now be laid aside during these days of the Offensive. The days of training were preparing you for the Offensive, giving you the practice required in the little things, and in using your spiritual weapons, so that you can now use them for greater works.

50. You must make the spiritual weapons an integral part of your outreach and winning efforts. You need to *receive your plans in prophecy from Me*. In doing so, they will be blessed with My backing. You need to *saturate your future with proactive prayer*. As you do, you will enter into success instead of running into setbacks. You need to *praise your way out of difficulties* and into fruitfulness. As you do, your faith will grow.

My Offer

51. (Jesus continues:) What will conquer the Earth? Your faith! **The spiritual weapons run on faith, they're powered by faith, and they feed faith.** It's all tied together. **Using the spiritual weapons is the only way to go.** To take a step or make a plan without them is foolishness. What else have you got? Natural ability? If your natural ability could have made the difference, wouldn't it already have done so? What else are you waiting for? Physical prosperity? Tangible success? I'm not giving you these things without your obedience. Those blessings come after the effort has been made to use what I have already put into your hands.

Obedience makes the connection that lets all of the divine resources kick in and turn the tide.

53. Don't hold out for something "better" than the spiritual weapons; these are the tools that I've given you for this era, and they're the best. The task before you is enormous, but I have given you sufficient training toward the task. You have My promise of blessings, and you have the spiritual weapons which I have faithfully and patiently introduced to you so that you can bring all of this together and make the Offensive possible.

54. This is the way to succeed—through receiving unlimited spiritual assistance by consistently using the spiritual weapons. What will they do for you? Everything! Using and depending on them more than you have before will release the power that will make a significant difference, coupled with the fact that it's time for Me to demonstrate My power through you in new and awesome ways. Try Me! Put Me to the test. Prove My plan. Go forward in faith and with the power of the spirit at your side, and challenge Me to do My part.

55. The spiritual weapons are the secret to everything. With them, you will have great success! They are My plan, they are My way. I have bound your success—the entire success of My endeavor on Earth—to the use of these spiritual entities. It's impossible to separate the use of the spiritual weapons from the performance of miracles or the outpouring of power. **The power of the Spirit provides the assistance you need through your use of the spiritual weapons.** With the spiritual weapons, success is guaranteed, inevitable, and obvious.

Definition of spiritual weapons: Spiritual gifts and sources of spiritual power, including the following: God's Word, prayer, praise, prophecy, loving Jesus, the keys of the Kingdom, brotherhood (love, unity, trust, selflessness), the Law of Love, humility, and working with our spirit helpers. (From "Introducing Link.")

(Jesus:) All My children who would fight through and win in this day must take the attacking initiative! ... This is why I give My children these new weapons of war—that they may launch out, always on the offense; that they may strike first, wielding devastating blows to the Enemy through surprise attacks! Hit him hard! Hit him head-on! Hit him high! Hit him low! And most of all, hit him constantly! (ML #3219:16,22.)

THE SPIRITUAL WARFARE DEPENDS ON US!

The Majesty of Choice!
ML 2327 - 6/87 - Condo



1. THE MAIN WARFARE IS ACTUALLY GOING ON HERE AMONGST THE HUMANS, & THE OTHER SPIRITS ARE MERELY HELPING US! The Angels of God & the departed spirits are helping us, & the demons of the Devil are trying to defeat us! So the major battle of the forces of Heaven & Hell is for or against the humans, it's not that it's all that much just between them & in the Spirit World. **Helping or hurting us is their main project, & in the process of it, of course, they fight each other.** (Maria: But for us or against us.)--Yes!

3. THE MAIN BATTLES ARE FOR & AGAINST US! The main spirit battles, of course, are going on in the Spirit World, but they hinge almost

entirely on us & our decisions here. The battles depend largely on our decisions as to which way they go, because **the hands of the powers of Heaven are tied according to our decisions!** If we make the right decisions & operate by faith, then the forces of good are loosed & empowered to help us & to overcome the forces of evil! But if Man makes the wrong decision & goes the wrong direction, then, in a sense their hands are tied, & the hands of the devils & demons & of Satan are liberated to bring about devastation amongst humanity, just like is happening right now!

4. THE WHOLE WARFARE DEPENDS ON US & WHICH DIRECTION WE GO & how much we let them help us or get their help! When Daniel prayed, the Angel of God that was sent to help him was liberated & got the victory over the Devil & was able to come & help Daniel. It was because of Daniel's prayers that he got the victory, & then Michael was able to come & help him & got the victory over the Prince of Persia.--Dan.10:12-13. And it was because Jacob fought a good fight & persevered that he got the victory, won the blessing & was empowered of the Spirit of God to win!--Gen.32:24-28.

5. SO THE BATTLES OF HEAVEN ARE ACTUALLY ENTIRELY DEPENDENT UPON US & WHICH WAY WE GO! The spirits are not totally independent of us, & just merely fighting amongst themselves in Heaven. There would be no point or purpose in this, because the whole idea is that **Man is the one who has been given the majesty of choice & decision, & the way Man goes, so goes the battle!** If Man makes the right choice & goes the right way, then the forces of Heaven are empowered to overcome the forces of evil. If Man makes the wrong decision & goes the wrong way, then according to the laws, or you might say the rules of the game, then the forces of evil are allowed to win, as they're obviously doing now, as the World is on its way to Hell!

6. SO THE BATTLE IS DEFINITELY NOT ENTIRELY DEPENDENT UPON THE FORCES OF HEAVEN & HELL! The decisions of the battle are up to us, & what we do & don't do determines how the battle of Heaven goes. In other words, **we determine the course of the battles of Heaven, dependent upon our decisions & the choices we make & which way we go!**

7. IF WE DO THE RIGHT THINGS & MAKE THE RIGHT CHOICES & GO THE RIGHT DIRECTION, THEN WE HAVE THE POWER TO CALL IN THE FORCES OF HEAVEN TO ASSIST US & to overcome & overpower the forces of evil. **But if we make the wrong choices & go the wrong directions & do the wrong things, then the Enemy has the power to overcome us & defeat us in spite of all Heaven would like to do!**

8. "WHATEVER IS BOUND ON EARTH IS BOUND IN HEAVEN; WHATEVER IS LOOSED ON EARTH IS LOOSED IN HEAVEN!"--Mat.16:19. It doesn't say it the other direction at all. What Heaven does is dependent on us! That's the whole idea of the whole game!

9. WE ARE THE ONES WHO UNLEASH THE FORCES OF HEAVEN AGAINST THE ENEMY ACCORDING TO OUR DECISIONS, our choices & how we do right or wrong.--Or we unleash **the forces of evil** according to our choices. **They are just our**

spiritual helpers or hinderers, bound or loosed by what we do. (Maria: I guess that's why they're called "**ministering spirits**", because **they're there to help & serve us, we aren't serving them!**)--Yes! What they do is entirely dependent upon what we do.--How we work, how we pray, the decisions we make.

10. WE'RE ALMOST LIKE THE COMMANDERS OF THE FORCES OF HEAVEN, OR THE FORCES OF HELL! You can work for Heaven or you can work for Hell, & **those forces are dependent upon us & our command.**

(Maria: By "those forces", you mean either good or bad?)--Yes, exactly.

11. THAT'S THE WHOLE POINT OF THE WHOLE THING--IT'S DEPENDENT UPON US & OUR CHOICES! Adam & Eve in the Garden were being influenced by the forces of good, or God, & the forces of evil, but the outcome of the battle depended upon their choice. It so happened that in that case they made the wrong choice & the Enemy won that battle, but he could not have won the battle if they had not made the wrong choice!

13. WE CAN UNLEASH THE FORCES OF HEAVEN AGAINST THE ENEMY BY MAKING THE RIGHT DECISIONS, the right choices, going the right way & doing the right things so that the Enemy cannot possibly win! **That looses the forces of Heaven to fight him & win the victory!** Or we can do things that are wrong, make wrong decisions & go in the wrong direction & then the powers of Heaven are bound by our own evil doings & the powers of Hell are unleashed! **We turn the tide of victory or defeat entirely by our choices, believe it or not!** That's what God has done: He has put the fate of the World into the hands of Man--up to a point. Of course, very soon God is going to take over before Man has gone too far!

14. IT'S TRUE, THE FORCES OF GOOD & EVIL ARE ENGAGED IN A GIGANTIC HEAVENLY STRUGGLE, BUT THE TIDE OF THAT BATTLE IS UP TO US & our decisions & the way we go, the way Man goes.--And right now Man is going the wrong direction, therefore the powers of Heaven will not help him if he goes against God! Then the powers of Hell are unleashed to take over, which they're doing right now!

20. MAYBE THIS LITTLE ILLUSTRATION WILL HELP YOU UNDERSTAND: IT IS NOT THE SPIRITUAL POWERS OF GOOD & EVIL, ANGELS & DEVILS, WHO ARE FIGHTING ON THE FIELD OF BATTLE DOWN IN THE ARENA while we sit up in the grandstands & the bleachers rooting for our favourite spirits. **It is we who are down in the arena fighting evil men & evil forces, & it is the Angels of God on the one hand, on the right hand, & the demons of the Devil on the other hand, who are rooting for or against us! The tide of the game, or the battle, is decided on the field of battle, not in the grandstands!**

21. THE HEAVENLY FORCES, THE ANGELS OF GOD, ARE ROOTING FOR US, & OUR DECISIONS SWITCH ON THEIR POWER AGAINST THE ENEMY! What we do & say etc. governs how much power they're allowed to use against the Enemy.--Or our decisions bind their hands, in a sense, so that they can't help us.

24. IT IS NOT DECIDED IN HEAVEN! The whole point of the whole game is

that it is in a sense a game of choice, a game of will, the majesty of decision, & it all depends on us! ... just like Adam & Eve in the Garden.

27. THE BATTLE IS FOR THE CONTROL OF OUR MINDS & HEARTS & SPIRITS, BODIES AS WELL, WHICH WILL FOLLOW, & just like they did in the Garden of Eden, it was through the words that they spoke that they tried to influence Adam & Eve. It's a battle, a wrestling match for spiritual control, & it's largely done through words & communication, influences. You can call it "words", but they don't always speak in words, **they also give pictures & thoughts.** The Lord gives warnings & good thoughts, & the Enemy gives temptations. **So there's a battle of the mind, a battle of the spirit, a battle of the heart, which winds up in the battle of the body!**

... but now when the vast majority of Mankind is going the wrong way & listening to the Devil instead of God & doing evil & making all the wrong choices, God is going to have to step in & intervene & stop it all, stop the game in the End.

31. IN A SENSE, GOD IS LIKE THE UMPIRE, & IF TOO MUCH EVIL IS GOING ON & THE BAD TEAM IS PLAYING DIRTY & COMMITTING FOULS, HE'S GOT TO STEP IN & STOP THE GAME & CRY "FOUL!" & "PENALTIES!" You've played games, you ought to know. There are certain rules you've got to abide by, & if you break the rules, then you're penalised. So because so many people are breaking the rules now & the tide of the battle is going straight to Hell, God is eventually going to have to step in & cry "Foul! Penalty! That's it! The game is over! We win!--And they go to Hell!"

34. AND THE BATTLE IS NOT FOR OR AGAINST OUR SALVATION, THAT IS ALREADY SETTLED! That's completely settled by the Lord, we're saved. The battle is for the souls of men & their actions & their deeds & their words & attentions & all that sort of thing, & which way goes the World.

35. SO FAR, AS FAR AS I CAN SEE, AS FAR AS THE WORLD IS CONCERNED, IT LOOKS PRETTY MUCH LIKE THE CHURCH HAS LOST & THE WORLD HAS WON! But that's the way the Lord knew it would be, because He said, "Strait is the gate & narrow is the way which leadeth unto life, & few there be that find it. But broad is the way & wide is the gate that leadeth unto destruction, & many there be that go in thereat!"--Mat.7:13,14. So **the Lord knows that the vast majority of Mankind are wrong & going the wrong way & He's giving an illustration to all the forces of Heaven & Hell what happens if Man is given his choice!**

... And as far as I can see right now, it looks like the Devil is winning the World. But of course, as we know, **the Lord & we will win in the long run. God will win with His minority over the Devil's majority!**

... **God is demonstrating to the Universe that children left here to play around & left to their own devices--Man left to his own choices--most of them are going to do the wrong thing!**

39. IN OTHER WORDS, IT PROVES THAT MAN CANNOT REALLY BE TRUSTED WITH CHOICE! Man has to be ruled by a rod of iron, by force! **Only a**

few glorious heroes are able to be trusted with choice & will choose to follow the Lord & not the Enemy. Praise the Lord!

40. THE WAR IS NOT DECIDED BY JUST ONE BATTLE EITHER, THERE ARE A LOT OF BATTLES!--Some we lose & some we win, & we just hope we win most of'm & don't lose too many! We don't win'm all, but thank God, we win most of'm!--Amen?--Are you winning or losing?

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Practical and Powerful: Your Spiritual Weapons at Work

By Maria – ML 3601, February 2006 – **Condo.**



More Specific Examples with Specific Weapons

63. (Jesus:) The spiritual weapons I have given you are powerful, not only in the realm of the spirit, but also in the "real world" that you physically live in. There are many and varied ways in which they can realistically, practically, and in actuality make your lives easier and better, your work easier, your relationships smoother, and your burdens lighter.

64. It's an angle that not everyone has given much thought to, and that I haven't spoken about all that much, though some of the ways are more obvious than others, and this is something that different ones of you have seen manifested to some degree.

65. To help you gain a fuller understanding of the practicality of the weapons of the spirit, and in how they can help you in very realistic and practical ways, I'll expound a little on each of the main ones and help you to put enough "skin" on them to see how they can be more of a help to you than they are already in your day-to-day lives, in your work, in your responsibilities, and in keeping your stress levels down.

66. The Word: My Word is above all your source of spiritual life and sustenance. It is what keeps your spirit connected to Mine and keeps you attached to the spiritual realm. It is the root and source and heart of every aspect of your spiritual life. It is also a source of guidance in the practical realm, because it gives you answers, solutions, and direction--for your personal life, as well as for your shepherding of others.

67. There is so much in the Word, and so many topics to read on, and so many different purposes and ways that the Word can and should work in your life, that it's not necessarily possible or even the best balance to be getting **practical** counsel from what you read during your Word time every single day. Sometimes you just need to relax and enjoy the Word and rest in Me in your Word time. Often My way of giving you solutions and specific guidance is through your prophecy channel, and we'll get into that in a bit.

68. However, your Word time itself can also be a source of great ideas, tips, insight, and specific answers and solutions to things you are facing at the time. If you are aware of this and seeking for these things, you

will find them.

69. A key to making it happen is praying and checking in with Me about what you read so that you are reading the things that I know contain the answers that you need. Sometimes you think you're reading something for one reason, but I also have another reason in mind, in that I want to lead you to something special and unexpected for you in that Letter or topic.

70. So it's important to be asking Me about what to read, for several reasons. Maybe you do check in monthly or weekly and I give you a plan of what to read that week. Maybe you need to do it each day. Or maybe you need a monthly plan, but then need to be open to My checks to read something different that day if I put it on your heart.

71. It is important in any case to have an open heart and mind as you soak in My Word, not only toward being personally or generally fed and strengthened spiritually, but even to find and mine the jewels within My Word that will bring you specific and very practical and workable solutions to problems in your personal life, your work, or your shepherding. You've heard it said before that the answer to everything is in My Word, and how true that is.

72. Prayer: It almost goes without saying that prayer is one of the most practical and effective ways of putting spiritual power to work in your lives. It's something that, for all you've heard about it, can use a lot more tapping into and using; as you do, you will surely see how much better it makes your life and work, in very real ways.

73. If your first reaction to any problem or challenge is, "Let's pray and send the Lord's power to work," as opposed to, "What can we do about this to help?"--this brings great practical benefits. For one, it takes the pressure off of you and your "doings" and puts the burden of responsibility on to My shoulders. This brings some mental and physical relief in itself; and aside from that, the real benefits lie in the fact that it actually works!

74. Your prayers prayed in full faith actually go places and do things. They change people and situations and issues that you could not resolve even if you tried; or in some cases, maybe you could find solutions by other means, but why kill yourself trying to do it in the flesh when My

Spirit could do it for you?

75. There is a balance, of course, and you can't just take the overall approach of "let's not do anything then, and just pray for the Lord to work." Sometimes--often, in fact--there is also something I want you to do. But your first reaction, your first line of attack, your first move, should be to pray and to call in My Spirit and help and power before you even get as far as praying about what **you** should do.

76. Sometimes some of you get the idea that if it's a "small" or "easy" thing, then that's the time to just get into it and take care of it. You're not consciously saying you can do it on your own without Me, but that is in essence what you're expressing, because you've developed the idea that you only need to call in the big power for the big things. When there's a big major thing that you know you can't take care of, then you pray. Whereas taking the approach of making prayer your **first** move or **first** reaction, whether it's an "easy" or "difficult" issue you're facing, is going to make things better and easier for you.

77. Maybe you could do this or that thing without prayer--but why do it on your own when I could assist you or even outright do it for you? You'll see, as you build the habit of making prayer your first move, that a lot of the things you think you have to do, you don't have to do yourself; or at least not as urgently or with as much pressure or labor in the flesh as you would tend to think. That is the power and advantage of prayer. Use it!

78. Praise: There's magic in praise! One of the ways you're most familiar with using praise in a practical sense is as a form of relief or escape, a way to rise above, a way to stay calm and peaceful and trusting when all about you is confusion and a great big mess. Praise does wonders on that score, and it can keep you steady on your feet through the freakiest storms. That is one very practical use of its power.

79. It goes beyond that, though, and it has the power to not only help you "keep it together" when things are tough or you're in the midst of battle, but praise also has the power to help you to actually take advantage of every negative or difficult event, or any attack of the Enemy, and use it for your own gain and success. Praise helps you to not only rise above or defeat the problems, but to actually use them to your advantage to make more progress, gain more strength, and advance further into the

Enemy's territory than if you had not had the problem!

80. That's really the ultimate in problem-solving, isn't it?--Not only solving the problem, but being better off afterwards than if you had not had the problem at all! This is one of praise's most powerful and beautiful manifestations on a practical level, and it really works.

81. Prophecy: This is one that you're quite practiced in using for many practical things--from counsel and confirmations on your work plans and decisions, to matters having to do with your personal life and family. Yet few have learned to use it to its full potential, and there are many ways that you can avail yourselves even more of prophecy's practical power:

82. * You can of course get an answer from Me to any practical problem.

83. * You can get ideas about any new project or initiative.

84. * You can be guided, assisted, and protected while "asking Me everything."

85. * You can be given information you need, or be reminded of important things you might not have in mind.

86. * You can use your channel to get the right angle, presentation, or even the very words to say when talking with someone or writing them about a delicate matter, or any matter.

87. * You can receive practical meeting outlines, inspirational meeting scripts, ideas, concepts, and even the details of a class, straight from Me.

88. * You can receive songs or stories for your own benefit or that of your family or flock.

89. * You can let Me plan your perfect conference day, retreat, free day, or vacation.

90. * You can receive messages for others to help and counsel them on any topic.

91. * You can receive personal encouragement and assistance in your battles.

92. * You can hear about and from your spirit helpers through this means, as well as through others.

93. * You can even use it to learn a new language: Asking Me for the best method of studying and retaining the information; asking Me to remind you of words that you've forgotten when you're trying to use them, and letting Me remind you of them through My voice of prophecy; asking your spirit helpers who are helping you with the new language to speak to you in prophecy, etc.

94. You can get anything and everything that you might need through your channel, by My voice, or that of angels and spirit helpers who can advise and guide you on any practical matter.

95. There are many ways to tap into prophecy--more ways than most of you have tried already--and these things can and will make your work and life smoother, along with ensuring that you hit the center of your target when speaking, teaching, writing, counseling, and instructing.--Not to mention in planning and enjoying your own times with Me and with your loved ones.

96. Loving Me intimately: Besides doing many wonderful things for your spirit, loving Me intimately is also a sure-fire means of calming your mind and senses, relieving pressure, making you better able to handle stress, face difficulties, and deal with problematic situations.

97. It provides an anchor, stability, ballast, and a central power source that is unlike any other. Some level of all of these things can be achieved through simply taking quiet time in My Word, through prayer and meditation. Even those in the world experience this through following the laws I have built into nature, such as getting quiet so that your mind can rest and step back and see the big picture, or thinking on positive things, which enhances your productivity and decreases stress. And yet the act of loving Me intimately takes these things to a new and deeper level, where your source of peace, stability, calm, and focus is so deep, so sure, and so strong, that absolutely nothing can derail you or even tip you off-balance.

98. Those of you who are by nature moody, or who get pressured easily, or tend to get intense when things around you get intense, can certainly benefit from the practical power and manifestations of loving Me intimately. And even you calmer folk, you natural "Rock of Gibraltar"

types, can use this power too. Because in these days, and in the days to come, you will face challenges where even if you are pretty stable or calm or good at dealing with stress, your own resources--or even those you've learned to gain through the Word and prayer--aren't and won't always be enough. You need something more, and that something is gained through loving Me intimately.

99. Loving Me intimately also gives you the power to more fully use the very practical weapon of brotherhood.

100. Brotherhood and the Law of Love: These are powerful "love bombs" that can make your life and surroundings better in very obvious ways. You all know and have experienced the difference between being in a teamwork, Home, or marriage where the partners are united in spirit, and one where they are not. The first is a taste of Heaven; the second can be a touch of Hell.

101. In FD Homes nowadays, it is required that there be unity and oneness so that you can work together to achieve your goals as a team. Yet there's a big difference between "getting along" and "working together," and really being of one heart and purpose, being close, loving each other deeply, caring for each other to the point that the faults and foibles, the quirks and idiosyncrasies that each one has, don't affect your relationships or cause problems or glitches.

102. This type of total brotherly love, this ability to be a tight-knit team, the means of being able to not only get along but to do so smoothly and enjoy it, is within the power of the weapon of brotherhood, and the power of the Law of Love.

103. This makes your practical daily lives so much better in so many ways! This is to be used within your teamworks, your marriages, your families, your Homes, your cities, and your overall areas. It makes a very notable difference, and changes the whole feel of things and the way things work for the better--not just in spirit but in the practical realm.

104. Spirit helpers: The very essence of the purpose of spirit helpers is that they are ordained to translate the spiritual power of My realm into practical help in your realm. There are helpers provided for many areas of your spiritual life, but if you'll think about it, you'll realize that nearly every one of them can put that spiritual power to use in a physical

way.

105. Each of the major spiritual weapons has a major helper or two whose specific calling is to help you use that weapon in your life and make it work for you in very real ways. And beyond that, you can have a helper for absolutely anything you need one for!

106. Maybe there is some aspect of your work that's really difficult for you, but it comes with the job and you have to do it. For example, maybe you're the very inspirational type, which also means you might be a bit scatterbrained, and paperwork, messages, correspondence, and any details are a huge trial for you, or you're simply not good at it. Well, besides getting a good secretary, one huge practical help is to get a specific spirit helper for that.

107. Maybe you need to drive a lot, but you're not naturally a very good driver, or you just don't like it. You can ask for a spirit helper to help you do well at it and even to help you like it. Maybe the biggest challenge you face is juggling your responsibilities to the Family and your Home at the same time as your responsibilities to your personal family and children. Call for a spirit helper for that.

108. Remember, the whole existence of your spirit helpers, their sole purpose, the reason they are there, and the reason I have spoken to you so much about them, is because they can give you specific and practical answers and guidance, and help you bring the power of Heaven down to Earth.

109. The Keys: You've heard the promises--"the keys can do anything," "nothing is impossible through the keys," "anything you need you can claim through the keys" and many more. Are you really **using** those promises? I know you each are to some degree, but there are many ways you can use the power of the keys that you haven't tapped into yet.

110. You can claim very specific and practical keys that will help you in your work--from the biggest matter to the smallest. If it's a very big thing--like maybe you're on the JT board and you are desperate for more understanding and insight into how to solve the very big needs you're faced with--there's a key for that. If it's a smaller thing, such as having trouble learning to use a certain new computer program or method, there's

a key for that too. Or even for a very personal thing, like needing help in maintaining a healthier diet or better exercise schedule so you can stay fit for My work--there is also a key for that.

111. There is a key for everything, and that includes every practical need, every physical matter. One "hot tip" for using the keys more practically and specifically in more areas of your life is to combine their use with prophecy. When you're faced with any issue, big or small, where you know you could use some spiritual help to improve a practical matter, ask Me what key to claim, and I'll bring just the right one to mind. Maybe I'll give you a new promise along with it, or lead you to look up existing ones.

112. Even if you're in a situation, though, where you don't have time to research or receive or claim long promises at that moment, where all you have an opportunity for is a one-word key, claim that key and watch it open doors for you, providing practical solutions to your problems.

113. Humility: "Doing the humble thing," though it often seems a challenge and strain, can in fact really improve things in your life and make them easier. When you do the humble thing, when you walk in a spirit of meekness and humility, you find freedom. Not having to worry about what people think of you, because you're already humbled and humiliated in their eyes anyway, is a huge freedom, and a huge weight off your shoulders.

114. If you find that you often worry about the opinions of others, or you feel hindered or bound or pressured by concerns about your image or appearance or whatever it is that concerns you about yourself, take some positive action and step out and do something humbling and thus liberating in spirit. It really and truly does take a load off your mind, and therefore your body as well.

115. It's amazing how much mental and even physical stress some people put on themselves by being bound up in their pride, by letting pride and fear hold them back from doing things that require humility and require them to get out of themselves.

116. Doing something giving, something loving, something fun, out of the ordinary, and wild and free--just anything that is humbling--is good for you, and on the overall it makes you less uptight, making it easier

for you to be around other people and close to them, and makes it easier for others to be around you too. (*End of message.*)

Edited by theaudiokey.com - 2017