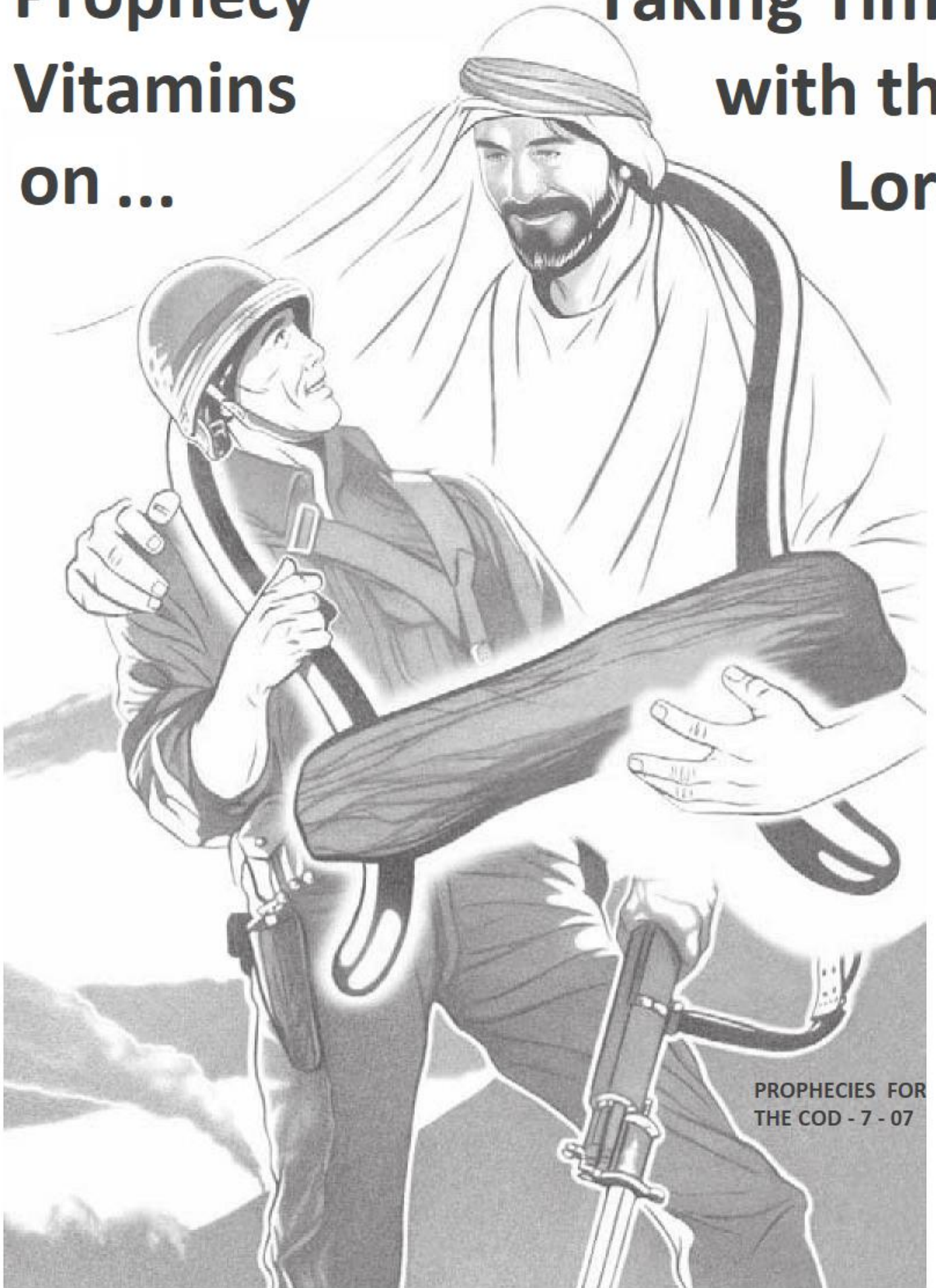


**Prophecy  
Vitamins  
on ...**

**Taking Time  
with the  
Lord**



PROPHECIES FOR  
THE COD - 7 - 07

# Prophecy Vitamins on Taking Time with the Lord

Book 7, Compilation #07 of TCOB pubs on the subject, by theaudiokey.com team - September 2020  
(All prophecies are Jesus speaking unless otherwise indicated)

1. I expect you to spend time with Me.
2. If you want to be more like Me, spend more time with Me.
3. First comes your time with Me; this must always be in first place.
4. As you spend sweet time with Me, I will give you strength that you know not of.
5. I ask your affection, your giving of your love and your time to Me, your Lord and Husband.
6. In the days to come as you spend time with Me in the morning, I will reveal many wondrous things to you.
7. If you spend time with Me, it will be obvious to others.
8. No one can go on without My power, My Spirit working through them, and the only way to get that power is by taking time with Me.
9. (Dad speaking:) If you don't get into a situation where you can spend quality time with the Lord every single day without fail, you will fail.
10. It's the dynamics of the spirit world that My work must be done first and foremost in the spirit--through spending time with Me in the Word and prayer.
11. I need your attention and love. As I have said, this is manifested to Me by you spending time hearing from Me, communing with Me, reading My Word, meditating on it, praying, praising, and so on.
12. It all comes back to taking that time with Me that you need every day, and time to seriously study and review the Words I have given you and continue to give you.
13. I want you to spend time loving Me as My bride, receiving My seeds-seeds of life and power and happiness and fruitfulness, which will give you what you need to keep going.
14. Cherish this time with Me as we lie in the bed of love together, for you are My precious one, and I long to whisper strengthening Words in your ear.

15. Step out on the water and spend time with Me, time in My arms, time in My Words, and you will see the results. I have so much in store for you if you will just step out by faith.
16. The Enemy is always fighting your time with Me. He tries his damndest to get you to push this time aside, because he knows how important it is.
17. Call on the power of the keys of imprisonment to keep the Enemy from disturbing your time with Me.
18. If you neglect your time with Me and neglect to work on strengthening the areas that you are weak in, then even your successful work, as well-intentioned as it might be, will fall short of being all that it could be.
19. Remember that by doing whatever is necessary as a Home to ensure that everyone is able to take good, solid time with Me, you're knocking the Devil for a loop in the spirit. You're overcoming! You're winning!
20. If you want to last and not wear out, if you want to have the strength to make it to the end, you must have that time with Me, and slow down and do only what you're capable of physically, mentally, and spiritually without getting stressed.
21. It's a simple spiritual law that when your priorities are right--that is, when you're putting your personal time with Me first above all other people and things --everything else falls into place.
22. Put Me first each day. Fight for your temple time with Me. Fight for quality spiritual feeding. Fight for undistracted time in My arms. This is the most effective way to be renewed with My vision and to stay reminded of My heavenly vision.
23. I love when My children listen to Me. I love when My children spend time with Me. I love when My children love Me. And I love when My children speak My Words.
24. I will rejoice with you as you rejoice. I would also commune with you, as you commune with Me and spend time with Me, feeding from My Word and listening to My voice.
25. If you take a moment with Me you'll find that your heart can enter into My secret place where you can be refilled and refreshed by My power. Don't miss it.
26. Your time with Me is always the first step. None of your other plans will be nearly as blessed, nor will they fulfill your desires if you don't put Me first and search for your relaxation in the temple with Me before anything else.

27. I must be your First Love. What does that mean? Does it mean you spend time with Me? Yes. Does it mean that you draw help and strength from Me? Yes.
28. Spend time with Me in strengthening and renewal, that you may learn to listen to My voice, that you may get your directions fresh from Me every day, each step of the way, for in this you will find strength to carry on.
29. This is what I'm asking of you, that you daily, without fail, spend time with Me in the Word and prayer; that you hear from Me personally in prophecy each day; that you love Me in the bed of love each day.
30. Knowing the author opens a new level of understanding of their book. Spend time with Me, and My Word will open up to you and become alive and refreshing, life-sustaining!
31. Loving Me intimately is one of the keys to humility, and as you spend more time with Me in the bed of love, this will be reflected on those you come in contact with.
32. Call on the key of intimate love to open your heart to Me, and I will be able to show you things of Heaven and of My Spirit that you have never seen before. Activating this key and spending time with Me will enhance our relationship and take it to new heights.
33. See it as a blessing when I give you time alone--for it is a sign that I love you and miss you, and that it is your special time with Me. I love all My children equally, and desire to have special time with each of them. times alone with Me are a gift from My hand; they are a gift to be cherished.
34. As you spend time in My temple, I refresh your spirit. As you kiss Me, I fill your mouth with good things. As you lie in My arms like a little child, I comfort you and refill your love cup. As you take time to hear My voice, I renew you and give you clarity of vision. As you take time in My Word, I strengthen you for the battle.
35. Your spirit and attitude has to be, "My time with the Lord and His Word is so important that I've just got to have it," and not, "There's so much to do that I just can't take time with the Lord."
36. Trust Me that you will be able to get the other things done even more efficiently, that you will be more inspired about those tedious jobs that you have to do every single day, if you are getting your quality time with Me.
37. What blessed peace can be found in the silent moments when you and I commune together, just the two of us. Here is where you find your strength. Don't neglect this private time with Me--it is your strength.

38. I'm just asking you to put first things first. If you'll have to cut out some activities which are less meaningful in order to give more time to Me, I'll bless you beyond measure for that sacrifice.

39. (Dad speaking:) Pray, listen to the whispers, get that sweet communion time with the Lord. When you get His answers, when you receive this direct, personal shepherding from the Lord and from me too, you will find that everything is going to work out A-OK!

40. If you keep fighting to make time with Me, and if you keep earnestly hungering for and desiring My seeds of life and truth, you will continue to grow and change and revolute with the times.

41. (Dad speaking:) You must have the Word if you want to have the Lord's perspective, if you want to have faith and hope and courage to face the problems. How do you think you're going to get it unless you spend time with the Lord and let Him speak to your heart and mind?

42. The more of My Spirit you take on, the more of My love you have inside of you, and the more you will see your co-workers and mates through My eyes. It's a special blessing that is an automatic result of spending more time with Me. I love you!

43. Call on the power of the keys to do away with any of the Enemy's static when you are spending time with Me, and I will restore and renew the connection between us.

44. Your top priority is your time with Me and your fellowship with Me, and sometimes you might even need to forgo desired fellowship with others if you haven't yet fulfilled My desires by spending enough time with Me.

45. (Dad speaking:) If you're running yourselves into the ground and letting the pressures and the burdens and the weights build up, without getting away to have a little time with the Lord--and I mean on a regular basis--how do you expect to last for long? It's just not possible!

46. Busyness is the biggest enemy of time with Me; don't let it get ahold of you. Remember that your time with Me is the most important thing. How will you have the answers unless you consult the Answer Man?

47. The first and most important key is to love Me more and spend more intimate time with Me. For it is in those times with Me that I will pour out My blessings and I will speak words of love and comfort and encouragement that will lift your spirit. You will be as a rose that carries the sweet fragrance of My Spirit throughout the day, and those around you will know that you have been with Me.

48. (Dad speaking:) Remember, you have to live in the Word these days more than ever. As things grow darker and the battles get more intense, you need more ammunition to fight the Enemy, and you need even greater spiritual reserves. So don't neglect that time with the Lord, because your spiritual life depends on it!

49. There are some things that I've told you cannot be neglected. The first and foremost of these is your time with Me. So please don't brush that off as a goal which is nice to shoot for, but that I don't expect you to hit. In the case of your time with Me, it is something sacred. I do expect it of you and I know that it is possible, because I will make a way if you ask Me to do so.

50. If you're taking your time with Me every day, if you're praying, reading, and hearing from Me, then you are on the attack against spiritual lethargy. You're stirred up, because you're obeying. You don't have to feel "on fire" and be "thrilled" about everything you read to be fighting spiritual lethargy.

51. Focus on spending time with Me and taking in My words in order to have the strength to stand strong, and to have the connection with Me that will guide you in the specific situations you'll be faced with.

52. The key is My Word, My voice, My Spirit, for these are one, and they are Me. The more these things abide in you, the more I abide in you. And the more I abide in you, the more you will abide in Me, and so shall you bring forth much fruit! For without Me, you can do nothing.

53. Those who spend time with Me in the bed of love, receiving and sucking My seeds, are strengthened, and the seeds that they absorb are manifested again through prophecy. The strength and beauty that comes from loving Me is made manifest through a clear and yielded channel, which I give you when you love Me intimately.

54. Without My Word you will perish. You will not be able to function, to do the job I have called you to do. It's vitally important that we have our time together every day. Take time with Me and we'll get a lot done to further My message to this lost and lonely world.

55. Your priority, first and foremost, should always be Me. I am your number one. I am your priority. Your priority should always be the things of the spirit first; love should always be your priority. Making sure you've spent quality time with Me in the Word each day.

56. As you spend more time with Me in prayer, in My Word, and in My bed of love, you'll take on more of My humble nature. The change will automatically take place as you abide in Me and allow Me to abide in you. It's not a work of the flesh, but simply a letting go of yourself. The more you have of Me, the less there will be of you.

57. You need to spend more time with the Master, to sit at My feet and learn of Me, that I may teach you the doors to go through. For in your own efforts, you shall fail. You shall knock, but it shall not be opened; you shall ask, but you shall not receive if you ask at the wrong doors and knock at the wrong doors. You must spend more time with Me.

58. It is healthy to break out of molds and ruts and to think 'out-of-the-box.' But, there are also some routines that are good and necessary. Habits of regular time with Me and My Word are good and fruitful and will enhance your spiritual life and strengthen your relationship with Me. Being routine about taking time to be with Me is good."

59. I have much fulfillment and happiness for you when you spend more time with Me. I can show you many things and fill you with My love during those times. I thrill in your personal, intimate, passionate love--not just your love through your works. I'd rather have you, and have you completely!

60. If you will not neglect this vital time with Me, if you will not neglect the proper diet that I put at your disposal, you will find in the long run that I am able to help you be more efficient in the tasks I call you to do. You'll make fewer mistakes, be able to avoid pitfalls, and things will run far more smoothly as you put first things first.

61. Be open as you take time with Me. This is time to be moved by My Spirit and to make sure that this time is making a difference in your life. I am a living God and a moving God! I want to live and move and work in your life. I want you to make a difference in the world today!

62. The simple act of taking a little more time with Me, above the minimum, will in itself cause great spiritual strides of progress, and will shine the light of My Word into your heart and soul and help you to see, evaluate, and grow in those areas of your faith and discipleship that are weak and need strengthening.

63. Thank you for being My forever love. I am so thankful for brides like you who keep their oil burning, who are faithful to fight to come spend time with Me, even when it's difficult. You have strength that you know not of, because I am your strength, and I never run out.

64. When you think that other things are more important than My Word or spending time with Me, this is Pan influencing you. He is playing with your mind, making you think that whatever else you think you need to do is more important than swimming in the waters of My Word.

65. Above all, I require that you take the time with Me that is necessary, I require that you learn to operate more in the spirit. If you fail in this one area, you are failing in many areas. I want you to see how much responsibility and accountability rests on this one point. I want you to see how important I consider this one aspect of your life.

66. How often I have told you that you should be as Martin Luther, who, when he had so much to do, took even more time in prayer and in communion with Me. Seek not to excuse yourselves from this time with Me, but prove Me and My Word by putting Me to the test and seeing if I will not do all that I have promised.

67. The Martin Luther principle is that when you head into busy times, you need even more time with Me. Tapping into My Spirit is vital and a "must-do." You must have the necessary power, strength, and My Spirit flowing within your veins--and the way you get that is from taking time with Me. Without My Spirit strong within you, you won't survive, you won't be productive, you won't have the power of My Spirit that you need.

68. If you are work-oriented and accomplishment-oriented you must know that it's more important that you get Word time and time with Me, even if the work is set back a little bit or delayed. In the long run, a better job will come of it, and you'll be able to continue working and not experience the tremendous setback and crisis of a burnout.

69. Please take the time with Me, so that I can shower you with My love and so that we can be one--I and My precious, wonderful brides, the loves of My life, My eternal loves. I love all of you so much, and long to be with you, and look forward with great joy and anticipation to the time we have before us together in the spirit.

70. The only way to stay ahead is to actively, passionately, and desperately pursue Me. Fight for your time with Me, and let nothing become more important than speaking with Me, hearing from Me, loving Me and praising Me. For it is through Me that you will receive the strength, the wisdom, and the answers that you will need during this busy time.

71. Don't minimize the importance of taking time with Me to pull down from Heaven the resources that I have to offer you--the world of helpers, those who are knowledgeable, those who are intelligent, those who are under My authority to serve you. You must ask, repeatedly and specifically, and you will receive.

72. I have given you the blessing of the great need and longing and desire that you have in your heart to spend time with Me. I have planted this great love in your heart that makes you yearn for Me and reach out for Me and desire and crave times of loving and intimacy and special fellowship with Me.

73. You'll find that as you dedicate yourself more to Me, as you develop a hunger and thirst for My Spirit and pray for that hunger and thirst and desperation, that My Spirit is completely satisfying and that I am able to fill the empty spaces in your life and heart. I'm able to fill your time with good and satisfying things of My Spirit.



74. The essence of humility is being so submitted to My Spirit that you have no will of your own, and you become a living, moving, breathing sample of Me and My heavenly ways. This is humility. And you will receive this humility by being faithful to spend time with Me in the bed of love, and in My Words, and using the new weapons.

75. I want you to take some special time with Me today. It doesn't have to be a big, extra chunk of time. Take advantage of those little moments when you are in between things, or doing something that doesn't take a lot of thinking, to talk to Me and commune with Me, and we can have little "quickies" throughout the day.

76. You must continue to further hone your habit of waiting upon Me, of doing My bidding and following Me closely. And the fine-tuning of these qualities comes in giving Me honor over all else in your life. And the way you give Me honor is by spending sufficient time giving Me your undivided attention.

77. I went to weddings; I went to funerals; I went to people's houses for meals when they invited Me. I walked the same roads, drank from the same wells, slept on the same ground. I liked to be around people; I liked to talk with them, teach them, help them, heal them. I liked kids. I had time for people. That's the way I was and that's the way I still am, and that's how you're going to be as we spend more and more time together and My influence rubs off on you.

78. (Dad wrote:) Think of the years Abraham spent out in the fields watching flocks! No wonder he heard from the Lord: He had time to listen! Lord forgive us! We get so busy! If you're too busy to pray, you're too busy! If you're too busy to get alone with God and pray, you're too busy! What if the servant said to the King, "I'm sorry, I can't come and listen to your orders today, I'm too busy out serving you!!"

The most important job you have is listening to the king: to stop, look and listen!-- or you're going to get run over!

79. (Dad wrote:) You don't hear much about John the beloved--a little about him being with the Lord, etc. John wrote the Gospel of John--it must have taken some time with the Lord to do it! But his greatest masterpiece was written by the Lord in exile on an island. His biggest work was just letting God do all the directing and all the showing and the whole shebang! Let's slow it down! Stop! ... Look! ... Listen!, or you're going to get run over.

80. (Dad wrote:) If you don't have some quiet time with the Lord, I don't know how you can operate! I get most of my information from the Lord, alone in the quiet of the night when everything is absolutely still and it's completely without distraction. If I wake up in the night and can't go back to sleep, I usually figure that's what it's for. But if you can't sleep, maybe God wants you to pray! As soon as I get prayed up I go right back to sleep!

81. Without Me you can do nothing, and there's no other way to get Me in your life than to spend time with Me daily, soaking up My words new and old. You have to partake of My Spirit if you want power for anything--spiritual or physical--so don't let anything come between you and your lifeline. Make your stand and guard your channel to Me with your life--because it is your life!

82. The temptation is to lean to your own understanding, to lean on the arm of the flesh, but this is not what will save you. It is your spiritual preparation which will build your faith and keep you, knowing that I will protect you. I will supply your needs, for you are My children. Your faith in Me and your time with Me are the greatest preparations and the ones you must place the most importance on.

83. You need a spirit of quietness before Me--a spirit of reverence and getting quiet before your Maker. You need to be able to put aside the world, the day, and your own thoughts and mindsets, and have a spirit of calm--not the speedy, tense, and uptight spirit that you so often have. You need to pray for a spirit of peace first of all before you begin your time with Me.

84. You must spend time with Me in the bed of love--to lay aside all of your burdens and all of your cares and all of your worries, to turn off your computer, to turn off your intercom, to shut the doors of your closet and to come and be a love slave to Me, in the bed of love, to be at My beck and call, to come and spend time with Me, to come and make love to Me, to hear from Me, and to get quiet and to hear what I have to say to you.

85. It is important that you draw near to Me. When you experience battles or difficulties, come to Me and commune with your heart upon your bed with Me in heart-to-heart communion. Draw on My strength, My grace and My understanding. I promise I will not fail you! Take time with Me. Spend more time with Me, and your love for Me will grow even stronger, and your reassurance of My love will not falter.

86. (Dad speaking:) As part of the Lord's special forces you have to not only do the regular training, but you have to take even more time with the Lord so that you're highly trained. Knowing how to use the weapons isn't enough--you have to be a crack shot, a marksman! So train, because the Endtime Olympics are happening and you want to be at your peak performance!

87. In your patience possess ye your soul." Learning patience is an important part of your growth. Even though you often get upset when things don't work out the way you think they should, by taking time with Me, I can defuse your temper and frustrations. I can help you see that if things don't work out the way you think they're supposed to, then you simply need to bring the situation to Me and we can refigure together.

88. There's so much to do--so much work and so many details--but please don't neglect Me. When you don't have as much time to spend with Me as you're used to, you can take advantage of all the little moments throughout the day to love Me and be loved by Me. When you're brushing your hair, making your bed, brushing your teeth, walking from place to place, or eating a meal, spend time with Me.

89. I know what I want the most from the ones I love, and it is something that most people long for above all else--and that is, your time and attention. I know that you love Me when you take time with Me, when you sacrifice other things to have that talk with Me, to have that time in My bed of love, to enjoy Me, to rest with Me, to hold Me. Those are proofs of your love for Me and those around you.

90. Your Word time schedule can't be just for when you're feeling great and things are going well, because then the Enemy will do his darnedest to make sure that things don't go well so that he can keep you from your Word and time with Me. You need to prove to him that you're going to get your time with Me no matter what he tries to do to hinder you, and then he'll give up.

91. You've got a big job to do, and the only way you're going to be able to do this monumental job is by spending time with Me. You may not feel that your job is as important as the jobs of others on the team, and could be tempted to feel that it won't harm you much to skimp on your time with Me. But I tell you that this time is of vital importance, and I need and desire you close to Me every single day. That's how we'll make it through this marathon, My darling.

92. The cure for familiarity is intimacy. Spend intimate time with Me and you will be so in love with Me, so full of My Spirit, and so in tune with Me, that everything you read in the Word will be fresh and alive and speak to you. All the practical suggestions of how you can jump-start your spirit are good, but nothing will do that quicker than taking a moment to praise and love Me intimately.

93. It's not only you anymore that is living there in your body, but I am also living there with you. If you've been faithful to spend time with Me, it will show, even in what might to you seem like normal, ordinary things. In fact, your testimony and sample during those normal everyday things can often be the most powerful--when it's obvious that you are not "you" anymore.

94. Pressure is a great enemy of My will and My plan, because when you have a feeling of pressure, what's the first thing to be pushed out of your schedule?--Your time with Me, your quiet time, your time loving others with My love, your time resting and refilling at My feet. You switch to high gear, and in so doing, if you do it consistently enough, you also unwittingly switch to auto-destruct, because you cannot do the Master's work without the Master's power!

95. As you fight to put priority on Me and My Word, this will cause your victory to blossom into its fullest state and you'll progress and move forward in spirit like never before. But if you do the least possible, the minimum that you feel you can get away with, you'll only walk in partial victory. It'll be victorious enough to keep you relatively happy and able to do your ministry, but you won't be growing, challenged and moving with the power of My Spirit.

96. As you love Me, as you spend time loving Me and becoming filled with Me, thus will I be able to fill you with My love, My seeds, My truths, My thoughts, My views, and thus will you be able to see things as I see them. When you can see things the way that I see them, then although your natural man may struggle and buck against it, you'll be able to fight, knowing that you're doing the right thing, and knowing that I will give you the strength for it.

97. Take time with Me each day. If things aren't going well or you're having troubles, stop and ask yourself if you've spent enough time with Me recently, if you've been asking Me about things enough. If not, it's never too late to stop and ask for My help and forgiveness. I will then pour out My anointing in double measure. Prove Me! Spend time with Me, and see if I won't save you time by helping you to solve the problems in half the time!

98. How I long to pour My love upon thee! How I long to draw thee to My bosom! If thou wouldst take this time with Me in prayer, and listen to My voice in thy heart, and through My Word, I would show thee of My great, great love for thee.--Love which is greater than the ocean, which stretches further than the horizon, which the whole universe with all its stars and galaxies cannot contain, which reaches out of understanding into infinity and eternity. This love thou wouldst know if thou wouldst draw close to Me.

99. You have to take Word time and quiet time to receive inspiration on a daily basis, to inspire you daily so your mind doesn't faint. You have to take it whether you feel like it or not. Even if you already feel inspired, you still need to take it to keep you protected and shielded from the fiery darts. You can't neglect your time with Me, hearing from Me, resting in My arms and being fed, because it's your protection, your strength, your joy, your nourishment, your daily bread, your salvation, and it's a matter of life and death.

100. You can't work up success in your work. You can't work up success in your personal life. You can't even work up getting a message from Me through your channel. But all these things, and much more, you can "pray down." Sometimes you don't even have to pray them down-- you just spend time with Me, you rest in My arms, you obey My Word, and I pour on good things.

101. So don't rush through life putting aside your time with Me or you will miss the whole point, and all that you accomplish and go through will be for naught. Make the most of your journey by spending time with Me, loving Me, seeking Me, and discovering Me. Before you know it, you'll have arrived at your final stop, and I'll be there waiting for you.

102. How beautiful in My sight are each of the hearts of My precious children! How intimately I know each of them! How tenderly I look upon each of them. How I delight in their love, and rejoice in their happiness! How My heart is thrilled when they come before Me and spend time with Me, loving Me, pouring out their hearts before Me, presenting Me with their praises and their words of love and adoration!

103. When I tell you over and over and over again to take time with Me, many of you think it's too much, that it's a bit ridiculous. Not many of you will admit this, but many of you think it. You don't like to be treated as if you're simple children, and My continual admonitions and reminders to take time with Me, to go slow, to depend on Me, to ask Me everything are perceived as instructions for babes and not "veteran soldiers," as you see yourselves.

104. Without the true foundation of having Me and the Word in first place, you will eventually run into a dead end, a brick wall, and once again let your enthusiasm die. Only you who put My Word first, who make it your number-one priority to spend time with Me, who continue to cause the Word revolution to revolute your lives will receive the faith, trust, obedience, and vision needed to see you through to the end.

105. It's not just because I need you to do a job for Me that I want you close to Me. Of course, I do need you very desperately, but when it comes down to it, it's the joy of having you near Me, and being able to be with you, love you, and enjoy life with you that really means the most to Me. That's what I want, that is My desire, My wish, and My dream—a dream that you make come true every time you spend time with Me.

106. If you've been doing your best to love Me, if you want to be close to Me, if you've been trying to read the Word and obey, if you've been taking time to praise Me and pray and spend time with Me, then of course I'm going to bless you and reward you! I love you, and what I want more than anything else is to be close to you. That's the most important thing to Me—to have your love, to spend time with you, to hear your words and songs of praise.

107. For those of you who have young children that wake up early in the morning, or whose schedule doesn't permit taking your time with Me first thing in the morning, I can give you personalized counsel and instruction on when it's best and most convenient to take time with Me. As you step out by faith and take this time with Me, you will indeed reap the rewards of a fresh, inspired, and fully-connected-to-Me individual.

108. You can't fake the presence of My love in your life; it's either there or it isn't. When it's there, people stop and take notice. They're attracted by the light in your eyes, the humility of your spirit, the compassion of your actions, and the visible display of My attributes in you—all of which comes from Me, from spending time with Me, and striving to be like Me through your obedience to My precepts. They'll want what you have, because they see that it's supernatural,

it's uncommon, it's what they're yearning for.

109. The most important thing--today and always--is your relationship with Me. If there's anything standing in the way of our communication, today is the day to sort it out and make it right. If there's anything hindering your receptivity to My Word, today is the day to resolve it. If there's anything keeping you from having the time with Me that you need, today is the day to be rid of it. Today is the day! There's no tomorrow when it comes to spending time with Me and receiving the power, instruction, blessings, spiritual progress and anointing that come with it.

110. (Dad speaking:) The Devil is fighting, and he's fighting hard--tooth and toenail! Right now he's doing his best to trip up anybody and everybody he can. That's why it's so important to get quality time with the Lord and get down to serious business with Him and hear fresh from Him every day. The Devil is working hard spreading his propaganda, and the only way to avoid it is to stay on God's clear channel and get your signals from Him. But the Lord will do it. There is nothing to fear, because the Devil is no match for Jesus! These are exciting times you are living in.

111. Though you are in the world, I do not want you to be of the world. This you do by taking time with Me and My Word to cleanse yourself when you've been exposed to the things of the world. I am asking you to filter all things through Me, to measure everything against the yardstick of My Word, to take time regularly to be cleansed through prayer, communion with Me, and seeking Me about specifics that stick in your mind when you've had to delve into worldly matters. I want you to persevere to more fully live in the world of the spirit, so you can experience the things of the spirit, the joys and the satisfactions I long to give you, so I can accomplish My purpose in these Last Days.

112. You are all busy people, but someone who is taking sufficient quality time with Me will have My perspective, will notice the needs of others, and will have the conviction and the sensitivity in the spirit to do his or her part to meet them. A byproduct of spending time with Me is that you will have more love, you will want to do more things for others, to help them, pray for them, and be concerned about them. It's simple, really: I am love, so if you've spent the time with Me that you need, that love--the essence of who I am--should be reflected in your spirit.

113. Discovering that I am enough is an experience that each person must go through for themselves. Receiving the passion and desire to find this out comes from loving and cherishing My Word, from spending time with Me, and going through all of life's experiences together. Then, like someone who has fallen in love, you will want more of Me. You will want to know how I think, how I feel, how I would like for you to go about something. You then discover how wise, how resourceful, and how wonderful I am. I will become everything to you.

114. Stopping to hear from Me more will make changes in the rest of your life as well. The more you are praising Me, turning your thoughts into prayers, and faithfully taking your quiet time with Me, the easier it will be for you when you stop for a moment to hear My voice. When you are very busy with other things and neglecting your time with Me, that is when it is harder to enter into My Spirit, for you have to travel farther. The distance between your busyness of the world and the quiet peace of My Spirit is far, and when you are not stopping regularly for My Spirit, it can become a great labor to enter into My Spirit so do it regularly.

115. What hinders you from being able to rise above? It's simple, My love. The only thing that hinders you is that you don't spend enough time with Me each day--real quality time in which you pour out your heart to Me in prayer, and listen for My answers on every topic that seeks to drag you down. You must give yourself to Me more wholeheartedly--your time, your attention, your love, your praise. I know you give a lot to Me already, but I desire even more from you, for I love you so and crave more of your love and attention. So will you do that for Me? I love you, My little lovebird.

116. Find the eye of the hurricane, that special spot where there is perfect calm and quiet. Find that place with Me where, even though the world around you is being tossed about and turned upside-down, you still have peace in the midst of the storm. It takes practice to find the eye of the hurricane, but if you are faithful with your times with Me, resting in Me, dwelling in Me, loving Me, praising Me, and thinking of Me, you will always be able to find that "secret place," where nothing will be able to touch you.

117. Pray for faithfulness and obedience and a spirit of willingness to sacrifice in order to make the Word revolution a reality in each life and Home worldwide. Pray for yourself and the entire Family, that you will have a renewed hunger for My Spirit, a desperation to be fed and strengthened and have quality time with Me. Pray against familiarity in regards to the Word, prayer and prophecy. Pray for a lasting change in your personal Word-time habits, and that you will consistently persevere and fight to keep Me and My Word in first place in your life. Pray to become doers of the Word. Pray for faithfulness and obedience in implementing My Word in your lives and Homes. Pray against Obstacon and his attempts to prevent you from reading, absorbing, applying, and living My Words.

118. (Dad speaking:) He's purposely limited Himself to your faith and to your obedience--your obedience in taking time with the Lord, your obedience in doing what the Word says, your obedience in preaching the Gospel. So it's not all up to the Lord; it's also up to you and your faith and your willingness to obey. But that's the easy part! That's all the Lord expects you to do, and then He'll take it from there.

So step out by faith! Step out in obedience to the Word. Take time with the Lord. Take time to listen. Take time to pray. Take time to hear from God. Make sure your priorities are straight. Make sure you're hearing from the Lord. Make sure you're fulfilling the commission to preach the Gospel, and the Lord will take care of the rest. He has to! He can't fail!

119. Why do you distance yourself from Me when I can help you and make things easier? You still have the subconscious mindset that coming to Me will take too much time or will be a drain, even a weariness. This is the opposite of the truth. Taking time with Me will refresh you. You must form the habit of coming to Me about everything. It takes effort and time to do this, but it saves time in every area of your life, as you don't have to walk through it wondering if you're in the right place or doing the right thing.

120. I want to remind you clearly of what I look at-it's your heart, your love for Me, and your obedience out of love. Whenever you start trying too hard in your own strength, something is wrong. Whenever you get discouraged, you're seeing things differently than I do. My yoke is easy and My burden is light. And a great secret to learning to bear My yoke is found in the first part of the verse, "Come unto Me" (Mat.11:28).

So if you are heavy laden and under too much strain and pressure, maybe you need to step back and evaluate whether you're spending enough time with Me, committing enough to Me in prayer, letting Me solve enough of the problems, or whether you're trying to do too much too quickly.

121. Beware of too much news on the Net. This can also be a device of the Enemy to block out your time with Me. This is a tool the Enemy often uses: He gets My children so busy reading other material that they have no time to hear My voice or read My love letters. Don't let him get ahold of your time. Do what you have to do and get off-line.

Knowledge puffeth up, but love edifieth. So don't stuff your head with knowledge and stop your heart from loving. Love, that you may gain the knowledge of My Kingdom. Give, that you may be given to by My hand. Sacrificial giving will also ensure that you are staying in tune with Me, because you will have to ask Me for the strength to make the sacrifice.

122. Most of My children are on My channel most of the time. They're thinking My thoughts and seeing things as I see them, and in turn, I give them faith, which engenders peace and trust. Sure, they are sometimes tempted to slip onto the Enemy's channel when they're feeling a bit discouraged or are a bit down physically, or when they neglect their time with Me. But when they are faithful to take time with Me and My Word, they are able to get back on My channel, hearing My thoughts, seeing My visions, and are inspired and fruitful for Me.

123. Look at the great men and women of God of the past. Did they have rules about how much time they had to spend with Me? No, they did great things for Me because they spent time with Me whether or not they had rules or safeguards or support from others that helped them to do so. They spent time with Me--and sacrificed greatly to do it--because they knew it was their source of strength, because I was more important to them than anything else, because they knew that without Me, they were nothing. And so, through their diligence in seeking Me, finding Me, and partaking of My Spirit, they were empowered to do great things for Me.



124. I have given so much counsel about the need to let Me carry the load. I've chided, I've scolded, I've pleaded. I need each and every one, and it makes Me so sad to see My brides push themselves too hard to the point that they lose My joy--for then they lose their focus, things become a blur, out of perspective. The bottom line is, if you're too busy to stop and take good, regular, feeding, restful time with Me, if you're too busy to stop and enjoy these things, then something's wrong. You're too busy. And when you're too busy, you lose My joy in it all. It becomes a weight, a heaviness, because you're not allowing Me to carry the load for you.

125. Spend time with Me, loving and praising Me, loving Me in tongues and praises, and I will give you sweet praises to say to Me--praises of love, kisses of your love, expressions of your heart to Mine from your beautiful spigot, words from My Spirit, seeds from My lovemaking, precious seeds that you can keep to remember our lovemaking by, seeds that can love you over and over and over again as you read them and review them, so that I can love you and strengthen you not just once, but over and over again!

Go slow and let Me do the work. Just relax and enjoy My lovemaking with you, and I will begin to put so many seeds within your heart that when it is time, they will overflow on their own. You will not have to push them out or squeeze them out or wring them out. Just let Me fill you as you spend time with Me, loving Me and expressing your love and desire for Me.

126. Giving love to others and being a good example of Me will come naturally to you if you spend time with Me--reading My Word, listening to Me, talking with Me and fellowshiping with Me, so that I have the time I need to fill your heart and spirit to overflowing with My love. Remember this picture: You're My pitcher, and I need you to pour My magical golden elixir of heavenly love on the people around you--your family, your friends, your classmates, your colleagues. But you won't have any of that elixir to give unless you've been still long enough for Me to fill you up first. That's why I need you to spend at least a little time with Me at the beginning of your day, so that I can fill you up. Then you'll have something to give to others during the day.

127. As soon as you feel there's way too much to do, to the point that you're hardly making a dent in your work, you should stop everything and take a little time with Me in our bed of love. Come to Me and tell Me exactly how you feel; let Me know it all, from A to Z. For even though I already know your heart, you'll feel so much better after you've articulated it. Then don't worry about the problems; just lie back and love Me for a while. When I see you manifest such faith, I will provide you with the answers you need to get things done, or will even take care of some of the tasks before you put your hands to them.

128. My goal is to move My children more and more to the realm of the spirit, to being more in My Spirit, and to enjoying the things of My Spirit even above those things of the flesh, to include Me more in their times of relaxation and enjoyment. But there's a very fine balance,

and this change is not something that can be forced or required; it must be a working of My Spirit. When My children begin to give My Word the priority it deserves, when they are more faithful to spend quality time with Me, then all of this will spill over into every other area of their life--their work, their interactions with others, their fun, their pleasure, and so much more.

129. Whatever matters to you, you spend time on. Fight to take more time with Me, to take good quality feeding, refreshing, renewing time every single day reading My Words, hearing from Me, praising Me, loving Me, communing with Me in prayer. Do each of these things every day. Maybe sometimes you'll take a half hour for each, maybe sometimes just a few minutes, but if you are striving to at least touch on each of these facets of your spiritual life, and seeking Me for Whatever matters to you, you spend time on. Fight to take more time with Me, to take good quality feeding, refreshing, renewing time every single day reading My Words, hearing from Me, praising Me, loving Me, communing with Me in prayer. Do each of these things every day. Maybe sometimes you'll take a half hour for each, maybe sometimes just a few minutes, but if you are striving to at least touch on each of these facets of your spiritual life, and seeking Me for how to make these times we have together really count, then I assure you that you will be so much better off. You will be happier, you will be more efficient and effective--and above all, you will be pleasing Me, you will be serving Me wholeheartedly as a true disciple, and thus your witness and power and effectiveness will be so much greater.

130. You're lethargic in spirit because you don't see the dire importance of a regular intake of good, feeding Word and daily times with Me. This is spiritual lethargy--to think that you can do without it, or to think that you will survive without it, or to not exert the spiritual energy necessary to make this a part of your daily life that you never miss. It should be as sacred as your sleep at night--if not more so. You can't imagine a day that would go by without you taking at least a few hours of sleep at night; it's an integral part of life. So it should be with your Word time and your time with Me. It should be automatic. It should be something that you should never go without.

131. How many times have I shown you and told you that by spending time with Me, I will help your work to progress even more quickly, and give you the solutions and answers? When you're taking your time with Me faithfully, I'm able to help you keep things in perspective, and you're not as easily pressured and tempted to overextend yourself. I'm also able to bring the solutions through prayer, much quicker than you could ever bring them about, if you could bring them about at all. I will do the work for you if you'll let Me. So if you really want to accomplish a lot and make a lot of progress and avoid the pit of overextending yourself, the secret is to take the necessary time with Me. The dynamics of the spirit are such that you can accomplish much, much more if you spend time with Me.

132. I love to talk about Word time and about time with Me, because I can see the great joy and happiness and easing of the load that it will bring to My children when they take this time.

I love My children, and love to spend time with them. So when I think that these instructions will cause them to spend more time with Me, I rejoice and look forward to these sweet, precious, priceless hours ahead with My dear ones. I love them so, so much, and cry over My love for them. I weep with joy for how much I love them. I take the heart of each one in My hands and kiss it, and cherish it, and handle it with such gentleness and tenderness. I so look forward to a time when I can tell each one how I love them, how I honor them, how I'm pleased with their faithfulness, and how I can help them in their tasks.

133. You can liken your regular time with Me to having a daily shower. It gets you all fresh and cleaned up, so that you can keep serving Me. It washes away the grime of the System and the dirt that the Enemy has thrown on you. These daily showers keep you clean. But every so often, if you can afford the time, it's wonderfully refreshing to take extra time with Me, which I liken to a nice warm bath. You're able to take more time with Me; you allow Me to pamper you. You are able to soak in the water of My Spirit and be even more refreshed. You may not be able to slot much time, but if you make that time count and really connect with Me in the spirit, it will be worth it. If you lay down the weights of life, take time to be cleansed in the spirit, and to be personally strengthened and filled up with My Spirit, faith, and positive input, you will feel the difference.

134. Do you remember the anecdote about the vase which had spent time with the rose? Because the vase had been with the rose, it acquired the smell of the rose. This is like you: You may feel as though you are a vase that is cast aside and broken and ugly. But you spend more time with Me now than you did before. In your weakness and in your times of not being able to sleep, you draw close to Me, you cling to Me, and you receive the sweet fragrance of the Rose that permeates your entire body. Then every cell of your being emanates and exudes this warmth and this tenderness and this closeness to Me, when you go out and when you are with others.

Another example is how Moses' face shone after he had been with Me. Do you remember that example from the Bible? Do you not know that you also shine when you have spent time with Me?

135. Each time you use the keys you become more heavenly minded, more dependent on the spirit. The byproduct of this is that you become more in love with Me, more closely joined to Me, more in tune with Me. Then, when you go to make love to Me, to include Me in your times of fellowship or to have special intimate time with Me alone, the passion of the spirit will be within you from the many times you have reached out to the realm of the spirit. Our love together will be increased, your sensitivity to My Spirit will be increased, your passion for Me will be increased, and I will be able to more easily bestow upon you all the love I wish to give you. Your love for Me will flow easily, and it will be easier for you to make the transition to the realm of the spirit, leaving your earthly existence behind and joining Me in My bedchamber for times of passionate, renewing, thrilling lovemaking.

136. The one thing that you must realize is that except the Lord build the city, they that build it do so in vain. It's better to do a little with My Spirit than much in the arm of the flesh; it's quality and not quantity. You must realize that your time with Me in the Word and the bed of love is as important as your physical rest and eating to strengthen your body. Just as you need to have the right amount of food and rest in the physical, so do you in the spiritual. There's always more to do than can possibly be done in any given day, but I ask you again, is it better to do a few things well, or many things in a half-baked fashion? The answer is obvious. At times you might have to skimp some on your Word time or prayer time in unusual circumstances, but this should be the exception rather than the rule. If you feel that you don't have the time to be with Me, if you feel that tending to the affairs of the Kingdom is more important than spending your time with Me, then this is a sure sign that you're starting to overextend yourself, losing a sense of your priorities, and you are beginning to operate in the flesh.

137. The kinds of things that hinder you from rising above are the things that make you hunger after this world, or look at life from a carnal point of view. They are the things that put you in man's realm of impossibilities, instead of My realm of no impossibilities. These things can be different for every person, and what affects one a great deal might not affect another at all. It all depends on how much of My Spirit you're taking in to counter the effects of the world's input that is all around you. If you don't take time in the Word, listening to Me in prophecy, pouring out your soul in supplication for the needs of others in prayer, praising Me for the good I bring into your life, thanking Me for My spirits who are constantly watching over you and ministering to you, and loving Me with all your heart, all your soul, and all your mind, then you will not be able to rise above. You can't have one without the other, so the things that keep you from rising above are any things or activities that keep you from spending that much-needed time with Me and in My Spirit.

138. Depression is an attack of the Enemy. He cannot get in when your defenses are up, when your spiritual strength is strong. But he's there looking for a weakness, looking for a way in. When your spiritual strength is depleted, when your Word time is too short or not feeding enough, when you aren't spending as much time with Me as you should, when you begin to get very busy and stressed and aren't taking the burdens to Me as much as you should, these lacks weaken your spiritual defenses so that the Enemy can come in with an attack of depression.

Depression is caused by a general weakening of your spirit. This weakening can happen in a week, a month, or it can take a few months. It can be very gradual, so you don't see it, you aren't tuning in to the health of your spirit. A little neglect here and there, a little lack of Word here and there, a little putting off hearing from Me, and over time, it weakens you and your spirit to where you become susceptible to the Enemy's attack of depression.

139. Every day I prepare new gifts for you. I carefully wrap each one with My tender hands, and each gift is perfectly suited to you for each day. As My Word says, each day My mercies

are renewed toward you. Each day I prepare new presents for you. Each day is new, fresh, and a chance to make things right. Come to Me, even if you've missed some days of spending intimate time with Me, because you can pick up where you left off. You may have missed some past gifts, but you can ensure that you don't miss today's gifts and blessings that I have for you-and all the others that I will prepare for you in the days to come.

I hope that little message will help you to remember to come to Me for deep lovemaking, for our personal gift-giving session in the spirit no matter how busy you are. Looking at it in this way and knowing what you might miss out on if you don't take the time, should help you guard it all the more vigilantly.

140. Rising above for you is to not allow your worries, fears and anxieties to overcome you, but rather to keep your heart and mind on Me. It means for you to be more Heavenly minded and not so earthly minded. It means you giving Me all the burdens of your heart and not trying to carry them. It means you looking to Me more for your peace and serenity. It means when you start to worry or fret, that you stop right then and take time with Me, giving Me your cares.

I love you so deeply that I want to take these burdens off of you and carry them for you. In rising above you are coming to Me and letting Me carry your burdens, and I'm giving you peace and tranquility, as well as love, understanding, wisdom, discernment, fortitude, strength and all that you need. That's quite a tradeoff, isn't it? So you see, it's worth rising above!

141. I love you, My darlings, even when you walk astray. I'm always ready to take you back with open arms. I never allow your mistakes or negligence to erect a wall between us. I'm always ready to take you back, and My heart is always filled with love for you. Today it is just as strong as ever.

When you neglect Me and My Word, I feel sad for you-sad that you missed out on receiving more of My love, sad that you weren't able to feel My love as strongly and experience My blessings as fully. When you neglect Me, I miss our times together, but the overwhelming feeling in My heart is knowing that you have lost out, that you missed the blessings that come from our special times together, and that I can't reward you as fully.

It's sad for Me when you forget Me or do other things in place of your time in My Word, because there's so much I want to give you, so much I want to bless you with, so much I want to fill your lives and Homes with. But when you don't come to Me, I can't give you all that I want to give you. When you don't come to Me, you don't open up the chute for My blessings to be channeled to you.

142. People are very mistaken when they feel it's wrong to have gotten dirtied with the Enemy's lies or temptations, whatever they might be. They feel guilty and as though it is through some fault of their own that they feel weak, or doubting, or worried, or fearful, or whatever the case may be. And then because they feel ashamed, they hide these doubts and weaknesses, and because they hide them they try to pretend--even to themselves--that they don't exist. And because they're pretending they're not there, they don't take the proper time

to tend to and take care of them, to get them rooted out and cleansed with the scrub brush of My Word and pure voice of prophecy. And because these little things are not tended to, they then fester and infect and pollute in a greater way than was ever necessary had they been gotten rid of when they were just a clump of dirt on the skin.

So, knowing this common device of the Evil One, let My Spirit wash you. Let your own spirit rest from the fight and let Me minister to you. Spend time loving Me. Let Me show you how much I love you. Let Me whisper in your ears of the sweet glories to come, of all that I want to do for and with and through you. There is so much more ahead, far beyond your wildest dreams! So take My hand and let Me lead you there, hand in hand together, you and I. I love you, and I will never leave you. You are Mine forever.

143. When I say the Enemy goes about as a roaring lion, that the battles are hotter, the blows more devastating, the need for prayerfulness and yieldedness greater, these are not just pretty, poetic, inspiring, challenging words, but this is a true description of what's going on in spirit!

So you must walk soberly and in the fear of Me, knowing that something you may have gotten away with in the past could today bring dire results. When I say that I want to be in first place, that you must have your quiet time and time with Me to sit at My feet and to receive My instruction, when I say that the spiritual health revolution is your lifesaver--this is exactly what I mean.

My children have heard these admonitions for years. Way back when your Father David gave the "Stop, Look, and Listen" talk, he was trying to impress upon you the need for quietness, prayer and meditation, but it's so easy to become familiar with this principle.

144. Though this may seem a sacrifice unto you, to come unto Me and to take a few minutes in praise, in thanksgiving, in adoration, in worship and in affection of the Spirit, I will be well pleased. And it will be My pleasure to give unto you the blessings of My Spirit.

For I am trying to teach you, My children, the importance of your relationship with Me. For I know ye have given your lives unto Me, and now I am asking that ye would give unto Me your love, your will, your spirit. As you give these unto Me, I will bestow upon you that which ye seek, the power and the anointing to become the vessels of God that I wish for you to be. I am asking for your love, I am asking for your time. I am asking that besides time spent with Me in the bed of love, in earnest communion with Me, that ye spend time with Me in periods of loving affection as a testimony of your love unto Me, and as a testimony of the blessings of God poured out upon those that take the time with Me.

145. Remember that your anointing is not as durable as you think. It's not like it used to be in days past when you very much depended on the verse, "The gifts and calling of God are without repentance." Now your anointing is not as necessary to the overall running of the Kingdom because you have the much more powerful gift of prophecy, and through that gift and through your spending time with the Lord, you nurture your anointing.

The Lord has also made it very clear that if you do not nurture that anointing, it doesn't stick

around as long or as firmly as it used to. It flees away, much more like a dove that has to be wooed to stay with you. And you do that through your daily feeding from the Word, your inspiration and praise time with the Lord, your loving Him through your words of love, your spending time in prophecy hearing His voice.

All these things strengthen your anointing and your relationship with the Lord. But things that tear it down are working in your own strength, going ahead with your work without spending that solid time in the Word, prayer and prophecy, hearing from Him and loving Him. That's why these times in the Word and prayer are so vitally important.

146. Come to Me daily. Open up your heart and life to Me--your innermost being--and I will fill you. For the way you'll be a blessing, both to Me and to others, is through taking time with Me. This is how I can orchestrate all the many details of your day, by your coming into My temple, laying your all on the altar, and letting Me pick up your burden and lead and guide you. As you give Me your heart, so will I take it and melt it and mold it into that which I want it to be. This is how you'll grow--by spending time with Me, loving Me, and putting Me first. It doesn't have to be long; it can be any time, but cultivate it and make it a habit. I have so much to give you--so many gifts, treasures, fresh inspiration from Heaven! But the only way to get it is to spend time with Me. So won't you come before Me each day?

Then I can lead you in your life with others, and you'll know how to interact, how to love others, how to relate. This is the secret. The answers are there for you in the temple of My love. Don't miss any opportunity! As you strive to find a moment with Me, so will I make the time and show you the opportunities. You can't live without it! Together we will win victories and climb higher mountains. Just look to Me and be filled! I love you more than you know, and long for you to take this precious time. Come to Me! I'm waiting for you!

147. For all your meals you must have enough protein on a daily basis in order to stay strong and healthy and properly nourished. Likewise you must have enough of My Word and communion with Me on a daily basis, in order to stay nourished and strengthened in spirit. Spices change according to the recipe, but the protein is essential for proper functioning of the body, proper growth, and for repair of damaged tissues.

Your Word time, prayer time, and praise time is like the protein of My Spirit. When you ask Me how, in practical terms, you are to do all that I put before you, I say that daily protein intake is imperative.

When you wonder how you can cut corners, you must not consider cutting down that vital time with Me each day! You must not try to cut down too much on your protein intake. If you try to cut corners on this too much, you'll find that you'll soon run out of strength to continue on; you'll soon weaken your muscle tone and run the risk of greater injury and sickness due to impaired health.

148. Make a list of everything you're concerned about--whether it's things you need to do, problems your children or those you shepherd are having, finances, a big event coming up that you don't feel prepared for, an aspect of your spiritual life you need to make progress in, or

whatever the case may be.

Ask yourself if you truly believe that My power is powerful enough to solve the problems and to bring the solutions and supply your needs. Think of, or look up, some promises--these can be key promises, Bible promises, promises from the GNs, or personal promises I've given you. If you truly believe in My power and promises, which you do, then you can commit your concerns and burdens to Me, claim My promises, and leave your cares in My hands.

Picture yourself coming up to My throne and laying your burdens down at My feet. Then, as you climb up onto My lap to enjoy your time with Me, I have summoned My spirit helpers to take those burdens away and take care of them for you while you're spending time with Me, so that when you go back to your work, you'll find answers, solutions, and miracles lined up, ready and waiting for you.

149. I'm attracted to those who yearn for Me, who desire Me, who are desperate for Me, who can't live without Me. I'm more willing to show Myself strong on the behalf of one who is completely dependent on Me than to one who is dependent on himself--his own strength, his own wisdom, his own arm of the flesh. This attitude of self-confidence may not be a spoken one, but is made manifest by your actions. If you do not come to Me for your strength, wisdom or help, are you not striving in your own strength?

So if you want My strength, My help, My power, My miracles and My anointing, then stay in a constant state of desperation--constantly wanting Me, needing Me, loving Me, acknowledging Me, and spending time with Me--and I will be drawn closer to you and will show Myself strong on your behalf. If I know you're depending solely upon Me, then I'm moved to work on your behalf and give you all that you desire.

150. I want to show you a picture story, My love. It's a simple picture story, but a very important one. Each picture represents a day in your life for Me. In each picture you're sitting at My feet and I am handing you these beautiful gifts and treasures and you're overjoyed, happy and smiling. Each day there are new and precious gifts, jewels you haven't received before, more beautiful than ever. These are the days when you take time with Me and receive all that I have for you that day.

But then there are some other pictures, where I am just about to hand you some gorgeous gifts, but you slip quickly out of My presence and walk away to the cares of this life. You leave Me standing with the gifts that I have for you in My hands, looking at you longingly and calling your name, but you're already absorbed in the business of the day and you can't hear My voice anymore. Those are the days when you cut your time short with Me, and those gifts are left undiscovered and unused. These are the things that you are missing when you don't take the time with Me that's needed.

Will you please let Me give you the gifts that I wish to give you daily? These gifts have power and love and will help you to make it through the day. They are precious jewels that are alive, not just pretty to look at. They will become a part of you and start shining through you in the most beautiful colors and light. They will invigorate you and help you to get your job done better.



151. Some pressures are of Me and some aren't. The ones that aren't are merely unreasonable expectations that you've allowed yourself to take on. And sometimes, even if the pressures are something I've allowed in your life for a reason, you don't handle them the right way. You don't rest in Me enough; you don't spend enough time with Me or let Me help you carry the burdens that I know you can carry--but only with My help. Something unexpected comes your way, or you get hit with a trial of some kind, and instead of going about things the way I've asked you to, you automatically slip into "self-works" mode--really, "self-destruction" mode. You roll up your sleeves and start pushing and pulling and struggling to pick up that burden and put it on your own shoulders and try to trudge your way through, all on your own. Instead of immediately coming to Me from the start to get My perspective on things, you let the Enemy fool you into feeling so pressured, so "personally" responsible, that you feel you don't have the time to go about things as prayerfully as you know you should. And because you're not taking the time to cast your cares upon Me and get sufficiently filled up with My faith-building Word and promises, those little pressures gradually begin to grow and become magnified and exaggerated in your mind, until they become a source of frustration and trial, and you begin to feel drained and discouraged, and ultimately overwhelmed. That's not very good strategy. That's not My idea of how to win the battle. That's more like a suicide mission. When you operate like that--when you don't come to Me and hear from Me and you don't take the time to turn your burdens and cares over to Me--the Enemy takes advantage of the situation and quickly begins mucking things up. He starts blowing things out of proportion and exaggerating them in your mind, until before you know it, the work and problems seem almost unbearable. Everything, even the tiniest molehill, starts looking like a huge mountain--so much bigger and more difficult to climb than it really is. You soon start feeling like you're struggling through quicksand and not getting anywhere, just sinking deeper and deeper in the mire. It's the Devil's trap, the Green Door!

152. There are many hindrances to love. But because you have committed yourself, I will show you how to break down the hindrances. I will show you how to remove the obstacles, and I will help you to be vessels of My Love. But first you must let Me fill you up! A vessel that is moving cannot be filled; you must be still. You must provide the time for Me to fill you. You must be as hungry, empty vessels with open mouths, still and waiting for Me to fill you up. You must take this time with Me for refilling. For you cannot pour out of an empty vessel. And do you think you will pour of yourselves? You will find very soon that your own love will be found wanting. As you rub one against another, the idiosyncrasies and the quirks of another will frustrate you, and you will say, 'Where is this great love that I am supposed to have?' You cannot do it by yourself, for even the little things will irk you. But you can do it in My power! As you fill up on Me and My glorious Love, you will have more than enough, and this love will pour out on everyone you meet!

As you spend time with Me, you will go forth from your chamber with My Love shining on your face! And those that see you will know that it is not of you, but it is of Me. For this does not come from your own might or your own power or your own habits or your own knowing how

to love. As you retire into your chamber and spend time with Me, I will teach you to love.

153. I love praise!--Not because I just want to feel better, or because I need encouragement that I am the King of the universe, but it's just the way things are set up. It's the way My Father has ordained it. He said, "I, the Lord, dwell in the praises of My people." When someone has this attitude of praise, they fit together with Me. Their will is perfectly aligned with My will and the will of My Father, because they are resting in happiness and joy. As they express it, they become more and more one with Me.

The more a person spends time with Me, the more praise becomes a natural part of their being. The more they spend time with Me, and the more Love they receive from Me, the happier they are. And then praise is as easy to them as breathing. It comes as naturally and as easily and as freely as breathing or walking or anything else.

Your father David was continually praising. Every good thing in life that he saw, he praised Me for. He even praised Me in advance for the good that he knew I would bring out of the bad things that happened.

Praise fits together with My nature, so that when a person praises Me, it is like he or she is enticing Me and wooing Me and drawing Me. It draws My Love and My Spirit and My blessings.

154. Like that song says, "Turn your eyes upon Jesus, look full in His wonderful face. And the things of Earth will grow strangely dim in the light of His glory and grace." If you continue to keep your eyes fixed on Me, then all the things of this life will diminish. All the pressures that you feel, all the problems that surround you, all the attacks of the Enemy, things that the Devil tries to throw at you to hinder you will grow dim. And eventually they won't even be an issue because you know you can look to Me for the answers. You can look to Me for the strength that you need, the courage, the patience, or whatever you need to overcome these different obstacles. It will all be right there for you, and you'll know it. You won't worry and feel under pressure, because you know that you can take those burdens and pressures to Me and I will sustain you and give you the strength that you need.

155. I challenge you to draw nigh to Me, to draw closer to My heart through My Words, and through seeking and desiring Me. In order to do this, you must discipline yourself and not allow yourself to become so busy with the business at hand, with a little here and a little there, and then the day passes and you look back and realize that you spent little time with Me. Start off by spending time with Me, and allow My Words to sink deep into your heart, causing you to bear fruit, helping your faith to grow, and drawing you close to Me.

You know not what the future holds, but I do. You'll not have the spiritual strength for what is ahead unless you spiritually build yourself up now and discipline yourself and are faithful to exercise, so that you'll be in shape and be ready to be called upon when you're needed. Don't allow yourself to become spiritually flabby and out of shape, for then you'll not be able to fulfill the role; you'll not have the strength to do the job. You must be spiritually fit, and the only way to be that way is to work on it daily, to spiritually exercise daily so that you may be a vessel fit and ready for the Master's use.

Stir yourself up! Take one day at a time and look at each new day as a fresh, new challenge. Look forward with eager anticipation to what I have for you that day. For My Spirit is a moving Spirit; it's never dull or stagnant. Don't look on each new day as business as usual, but look at it as a new challenge, with new horizons and new things to do--and they will be if you will move with Me and My Spirit.

156. Spiritual lethargy can be like a disease. It's not easily recognized. It creeps up on you slowly. Little by little, it eats away at you and causes you harm. The Enemy uses it greatly, for this is how he can hide his attacks. It's not a big visible attack, but it's done in secret--just a few minutes lost here and there. It's all time wasted if it's not counted toward spending time with Me.

The Enemy even makes you tired. At the end of the day he'll tell you that you're too tired to take time with Me, even a few moments before you go to bed. He tells you it's okay to take it tomorrow. Then tomorrow comes and there are other things to take care of right away. He'll tell you, "That's okay, later is fine." But, My love, those moments lost are moments of power that I can give you, strength-giving moments that will make a difference in your life.

When you fall into a rut of putting Me aside, and not putting Me first with your time and life, you run the risk more and more of becoming a System Christian and not a revolutionary Christian. I'm warning you that those moments that were lost and could have been spent with Me add up, and have a detrimental effect in the long run.

It takes an effort to stir yourself up. But when you do, the rewards are high, and you'll never regret putting Me first in your life. You will wonder why you ever allowed yourself to lose any time spent with Me.

157. Burnout is very dangerous. Most people don't realize how dangerous it is. They relate burnout to feeling tired at the end of the day or not wanting to take on one more task. Although that's part of it, burnout is deeper than that, and often creeps up unexpectedly. It's a spiritual thing--the Enemy is constantly fighting, and when you run only on "spiritual adrenaline," the high of accomplishments or the fulfillment of being in My service, the inspiration of your brethren or even just the pressing needs which you help to fill which spur you on, you put yourself in grave danger of burning out. For though you do not notice it, little by little you are becoming spiritually exhausted, because you are not taking time to refill and refuel. You are running on a "high," but when you hit a low, you have no reserves, no strength, and you basically crash.

It can be triggered by anything--but when it happens, you have no strength to get up and try again. You even lose the desire to read My Word or hear from Me, and so you often get more and more run-down and battle-weary. When you are in this weakened state, the cure is the Word--time with Me and time resting and seeing My perspective on things. If you don't take it, you begin to see things as the Enemy would have you see them. You become vulnerable to his doubts and negative thoughts, and thus he is able to destroy your service for Me.

The important thing to remember about burnout is that it often creeps up very suddenly. You can be feeling fine, then all of a sudden hit bottom when the inspiration gives way, because

you've been using up your spiritual stores and not replenishing them. The way to prevent it is on a daily basis, taking time with Me and letting Me give you the spiritual cushion of faith that you need.

158. If you stay filled with Me, you can't be filled with yourself. You must fight and strive harder to spend the time that you need with Me. Though you do take some time with Me and you see the need for it, you're not as fully dependent on Me as you ought to be--as I would have you to be and as I need you to be--in order for Me to use you in all that I have for you. Pray for a greater hunger and a greater desire for My Spirit and the things of My Spirit. For though you do embrace the New Wine and have taken up the new weapons of loving Me intimately, praising Me, and hearing My Words in prophecy, I would that these things become a greater part of your life and more prominent in your activities and actions.

Ask for prayer from those you work with and live with, to help and strengthen and propel you forward in this area, and then fight to take the time. Fight to not only accept these things and accept that they are truly the ways of My Spirit, but go beyond that and actively bring them into your life.

If it would help you, you could even make a schedule, that every day you will take some time with Me. You can even divide it up, to have times when you just speak words of love to Me, other times when you read My written Words, and other times when you hear from Me in prophecy personally. Set yourself goals and then make that your priority.

159. (Dad speaking:) You know, it worries people when they look at their shepherds and see them so burdened. But it inspires them when they see you looking to Jesus and trusting Him and having faith. It's like kids and their parents. If they see their parents worried all the time and struggling or fighting or having a rough time, it really worries them. But if they see their parents are in love and joyful and happy and full of faith, it inspires them. And if they see you have faith for them to do something, then it gives them more faith to do it.

But you're only going to have that kind of peace and joy and happiness and faith if you'll stop, if you'll pull back a bit, if you'll spend more time with the Lord, if you'll spend more time with those commissioned to help you, and you get those directions that are the right directions and that will inspire others.

But you don't get those answers in the midst of the muddle, folks, but when you pull back and spend time together fellowshiping and loving the Lord, singing unto Him and praising Him and seeking Him. Folks, that's where the strength lies. That's where the power is. Don't forget it, because you just can't do it any other way.

160. It's not impossible to find that perfect peace and rest that My Word talks about. "I will keep him in perfect peace whose mind is stayed on Me, because he trusteth in Me." What is perfect peace? Perfect peace is when little things don't disrupt your focus on Me; when problems, dilemmas, setbacks, and interferences don't even jolt your connection of faith and trust in Me.

Perfect peace is when you find yourself in the midst of great confusion, persecution, perilous

times, hectic schedules, or frantic circumstances, and yet you are stable and calm in your assurance of My protection, My perfect control, and My hand in your life and situation. Perfect peace is when nothing can come between your faith and Me. Perfect peace is when your mind is locked on My channel and cannot be moved.

How do you get that perfect peace? It says it very clearly right there in the verse: "...because he trusteth in Me." Start trusting Me. Show your trust in Me through your praises to Me. Show your trust in Me through spending time with Me and casting your cares on Me. And as you do, I will keep you in perfect peace, and you too will gain this spirit of perfect peace within you.

161. The danger with long-term service for many Christians is that their life goes into remote control--getting up and doing the same things every day out of habit and losing touch with Me. But if you hear from Me every day and put into practice My fresh daily instructions, then you'll be connected, on-fire, following Me, burning with new life and desire, like the burning bush--it's the same principle.

Just like David wrote in "Old Bottles," the danger is in going to sleep and going through the motions. But if you're tapped in, hearing from Me and following My instructions, believing Me, you'll never fall asleep or get in a rut, because I'm always changing, moving, and electric. You can be in the same place and doing the same work, but it's exciting and thrilling and it's changing the world. Your outlook is alive, your attitudes are fresh and alive and filled with faith, and your spirit and heart are turned on because you're tuned in to Me. It makes all the difference in the world. It makes the difference between a dead Christian and a live one. For a Christian it's not where you are or what your job is. You can burn out or become prey to lethargy or settling down or cooling off whether you're on the frontlines as a witnesser or provisioner, or on the backlines as a pubs worker or editor, if you're not connected and obeying. The secret is not where you are, but your relationship with Me. The important thing is your intimacy with Me. As long as you seek Me and obey, your heart will be continually cleansed and purged of wrong attitudes, dross, and the lethargy that the Enemy tries to get long-term Christians to succumb to.

Lethargy is one of the long-term weapons that the Enemy tries to use on Christians to wear them down and cool off their lifelong service for Me.--To get them to settle down, lose the urgency and the fire of their service, to become comfortable and laid-back. But My Spirit never grows old. Though your flesh may grow old, My Spirit never ages; it's always the same. When you have My Spirit in you, then the things I inspire and empower you to do are as exciting and fresh and alive and electric as the day you got saved!

The secret is to stay plugged in and moving with the heat and fire of My Spirit! If you do, you will never cool off or give in or succumb to the hazards of long-term service, whether it's lethargy or tiredness or burnout or cooling off. If you're plugged in to Me, you'll feel My current just the same as if you were to stick your finger into an electric socket! There's no two ways about it.

162. Sure, if you work furiously without pause, you'll get things done. You may even notice some of the good fruit of your labors and feel it's worth the sacrifice. But if you're not getting

enough Word and time with Me, and you're rarely taking time to love others and spend time in their fellowship, then I'm sorry to say that you're failing. I know that can be difficult to see, because the results of your labors don't look like failure. But you have to stop looking at the short-term results and realize that it's the long-term results that really matter. If you keep running on empty, you're eventually going to stop altogether by either getting sick or having a nervous breakdown.

Also, what you might not realize is that a workaholic attitude can be a horrible example to others in the Home and your sheep as well. Workaholics tend to be curt and unfriendly, self-righteous and lacking in understanding, unprayerful and unpraiseful. So no matter how much work you've accomplished, you're failing miserably, because love is far more important than works.

Look at Cain of old: He was the epitome of a workaholic, but his great works came to nothing. He may have made great strides in agriculture, but he was curt, unfriendly, self-righteous, lacking in understanding, unprayerful, unpraiseful, and a murderer in the end.

So if you're the workaholic type and you truly love Me and love your brethren, you'll make some serious progress in this area. If that means having to drop certain projects completely or pass them on to others, then so be it. There's simply no reason for anyone in the Family to be too busy for the things of the spirit and too busy to enjoy life.

- 1.Surviving and Succeeding, Part 3 #3695:89
- 2.Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)
- 3.A Labor of Love, Part 3 #3734:81
- 4.Midlife Victories #3128:56
- 5.Lifesavers for Missionaries to Africa! #3232B:349
- 6.Issues, Part 11 #3413:43
- 7.Sharing the Love, Part 2 #3782:43
- 8.Spiritual Attacks Intensified! #3255:143
- 9.What Is Jesus Worth to You? #3433:375
- 10.What Is Jesus Worth to You? #3433:216
- 11.Surviving and Succeeding, Part 3 #3695:84
- 12.Issues, Part 16 #3450:31
- 13.Introduction to the Family Feast 2006 #3569:4
- 14.Comfort in Affliction, Part 1 #3355:49
- 15.Problems and Solutions! Part 5 #3073:41
- 16.Training Winning Teams, Part 6 #3586:47
- 17.Quality Word Time, Part 3 #3568:16
- 18.Lifesavers for Missionaries to Africa! #3232B:358
- 19.Training Winning Teams, Part 1 #3551:54
- 20.Cast Your Cares on Him! #3242:129
- 21.The Beauties, Promises, and Rewards of Married Love!  
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- 22.The Heavenly Vision! #3608:43
- 23.Getting God's Answers! #3014:114
- 24.Introduction to the Family Feast Celebration 2001! #3314:41
- 25.Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)
- 26.What Really Matters to Me #3555:204
- 27.Shooting Straight, Part 12 #3534:140
- 28.World Currents! No.82 #3062:130
- 29.New Era Humility! #3344:85
- 30.Words Of Wisdom, Part 1 #3614:76
- 31.Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
- 32.The Art of War, Part 3 #3558:176
- 33.The Blessings of Loneliness! #3216:157, 159
- 34.Fight to Win! #3457:87, 88
- 35.Spiritual Attacks Intensified! #3255:147
- 36.Quality Word Time, Part 2 #3563:10
- 37.Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)
- 38.What Is Jesus Worth to You? #3433:261
- 39.Jesus, Our Good Shepherd! #3113:122
- 40.New Era Humility! #3344:145
- 41.Problems and Solutions! Part 1 #3069:70
- 42.Introduction to the Family Feast 2006 #3569:50
- 43.Keys Promises 3428 (no paragraph numbers)
- 44.The Art Of War - Part 6 #3590:265
- 45.The Spiritual Health Revolution! #3184:70
- 46.Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
- 47.Fight to Win! #3457:66
- 48.New Year's Prayers and Goals #3177:120
- 49.Leadership Lessons, Part 2 #3385:21
- 50.What the Hell is Lethargy? #3482:60
- 51.Sharing the Love, Part 2 #3782:60
- 52.The Spiritual Health Revolution! #3184:69
- 53.How to Love Me More, Part 1 #3282:161
- 54.Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)
- 55.What Really Matters to Me #3555:180
- 56.Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
- 57.How to Have a Happy Home! #2956:163
- 58.Not Of This World!--Part 1 #3648:63
- 59.Prophecy Vitamins, Part 4 #3613 (No paragraph numbers)
- 60.The Spiritual Health Revolution! #3184:32
- 61.Quality Word Time, Part 3 #3568:35
- 62.Renewal: The Big Picture #3489:115
- 63.Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)

64. Recognizing and Resisting Pan! #3401:71
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66. Reaching Africa the Right Way! Part 2 #3217:398
67. Beyond Duty, Part 1 #3749:165-167
68. Cast Your Cares on Him! #3242:206
69. Leadership Lessons, Part 1 #3347:104
70. Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
71. Quiet Time--Your Lifesaver! #3183:97
72. Midlife Victories! #3128:52
73. The Blessings of Loneliness! #3216:119, 120
74. Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
75. Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)
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77. Not Of This World!--Part 1 #3648:54
78. Stop! ... Look! ... Listen! #0074:29, 30
79. Stop! ... Look! ... Listen! #0074:48
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81. Beyond Duty, Part 2 #3750:120
82. Y2K Preparation! #3252:57, 58
83. Quality Word Time, Part 3 #3568:71
84. Man Looketh on the Outward Appearance--Part 2 #3125:228
85. Midlife Victories #3128:88
86. New Year's Prayers and Goals #3177:65
87. Prophecy Vitamins, Part 4 #3613 (No paragraph numbers)
88. Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
89. Words To Meditate On #3622:24
90. Quality Word Time, Part 1 #3549:68
91. Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
92. Quality Word Time, Part 4 #3582:37
93. Not Of This World!--Part 1 #3648:46
94. Cast Your Cares on Him! #3242:16
95. Spiritual Attacks Intensified! #3255:148
96. Living the Lord's Law of Love! Part 01 #3201:138
97. Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
98. I Love You!--Just You! #2985:37
99. Cast Your Cares on Him! #3242:180
100. Surviving and Succeeding, Part 2 #3694:19
101. Words To Meditate On #3622:33
102. The Year of the Bottom Line! #3176:83
103. Woe! #3448:113
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105. What Really Matters to Me #3555:159
106. It's Cool to Love Jesus! #3101:68
107. Surviving and Succeeding, Part 3 #3695:30
108. Devotional: The Mission #3777:98
109. Prophecy Vitamins, Part 1 #3587 (no paragraph numbers)
110. Problems and solutions! Part 4 #3072:71
111. Vows of Surrender Ceremony #3378:14
112. Beyond Duty, Part 3 #3766:8
113. Jesus Is Enough #3611:130
114. Tapping in Together! #3190:18
115. Rising Above! #3379:235
116. Words To Meditate On #3622:25
117. The Family Feast Celebration 2003! #3431:46
118. Problems and Solutions! Part 5 #3073:48, 54
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120. What Really Matters to Me #3555:97, 98
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125. Mama's Surprise! Part 2 #3134:79, 80
126. Sharing the Love, Part 1 #3781:71, 72
127. Prophecy Vitamins, Part 2 #3588 (No paragraph numbers)
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129. Rising Above! #3379:232
130. What the Hell is Lethargy? #3482:50
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132. Leadership Lessons, Part 1 #3347:103
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136. Leadership Lessons, Part 2 #3385:105-107
137. Rising Above! #3379:88, 89
138. Death to Depression, Part 2 #3464:145, 146
139. Training Winning Teams, Part 1 #3551:98, 99
140. Rising Above! #3379:235
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142. Fight to Win! #3457:82, 83
143. Affection Time with Jesus! #3013:34-36
144. Cast Your Cares on Him! #3242:194-196
145. What Is Jesus Worth to You? #3433:379-381
146. New Year's Prayers and Goals #3177:67-69
147. The Spiritual Health Revolution! #3184:5-7
148. Entering Into Rest #3620:104-106
149. Desperate for Jesus! #3250:84, 85
150. Quality Word Time, Part 4 #3582:43-45
151. What to Do When Overwhelmed! #3481:17, 19, 20
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153. What's Happening During the 1997 Family Birthday Feast! #3094:48-51
154. The Weakness Revolution Part 3 #3219:68
155. New Year's Prayers and Goals #3177:40-42
156. What the Hell is Lethargy? #3482:121-124
157. Cast Your Cares on Him! #3242:70-72, 77
158. The Weakness Revolution Part 3 #3219:105-108
159. Let Jesus Bear the Weight! #2987:189-191
160. Words To Meditate On #3622:74-76
161. What the Hell is Lethargy? #3482:180-184
162. Training Winning Teams, Part 7 #3596:82-85