



# Heaven Meditations

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MLs # 3744, 3475, 3476. November 2008

## Introduction

*(Jesus:)* In spite of the reality that life has tough times—times of suffering, setbacks, and plain hard work as you strive to follow Me—I’ve promised you ways of escape that will prevent these things from becoming more than you can bear.

One important way for Me to encourage you, restore your vision and initiative, and help you to regain your focus in the midst of the battles, is by temporarily bringing you to a place where your spirit can regain what it needs in order to carry on.

Through meditation you gain spiritual endurance as you allow your body and spirit to rest. You relax and unwind and are relieved of mental stress as you sit still and allow Me to lift your burdens. Meditation provides a connection and closeness to Me, an open door to the spirit that renews your strength and gives you peace of mind.

I can’t do it solo. It requires a step of faith on your part, a getting quiet and a desire to be freed from the bounds of the carnal world. You have to let go of everything but Me, and then I’m able to do the rest.

When I take you up in the spirit and let you experience heavenly things and concepts, I’m not just a travel agent showing you pictures of what you might one day actually experience. I’m actually taking you there in the spirit, past the realms of time and space, to experience a little of the realities of the future.

Wouldn’t it be great if an earthly travel agent would give you a weekend at your desired vacation spot, free of charge, to convince you that it’s worth the investment? Well, that’s what I’m offering you through these times of meditation. You can come back from these times actually strengthened, refreshed, and renewed. These places and experiences are yours to enjoy as a part of your reward. Because you have given yourself to Me intimately, I’m letting you experience some of these realities here and now.

Building an intimate link with Me is an essential part of meditation; likewise, meditation helps you to strengthen your personal connection with Me. It’s that strong, personal bond and utter reliance on Me that causes you to let go of your inhibitions, preconceived ideas, and carnal applications of spiritual truths. It causes you to open yourself to experience whatever I want to bring you, without trying to analyze or pigeonhole everything. As you open yourself to what I want to give, even though your carnal mind tries to resist, you’ll come to understand the bigger picture and you’ll be freed from the limitations of reason and carnal-mindedness.

Anything is possible in the spirit. Anything is possible in Heaven. The River of Life isn’t just one little river running through a little bit of Heaven. It branches out, like My love for you, to become whatever suits your desires. It may be a tiny rippling brook in one spot and a massive waterfall in another. It can be a lazy, meandering river, or thrilling rapids between canyon walls.

The same is true of the many parks, gardens, forests, mountains and meadows in

Heaven: They are each suited to your personal desires and tastes. You can enjoy a hot, sunny day on a tropical beach or an invigorating time on a snow-covered ski slope. Though there is no need of the sun, you can still experience the most glorious sunsets. You can experience frosty winter evenings and waves crashing on the seashore. These aren't just images, but true-to-life experiences created for you, because I love you and want to fulfill your every desire that is good for you, as we meld together in love.

It's beyond what your carnal mind can grasp, because your mind is bound to only one realm. These images and pictures that I give you to meditate on are like booster rockets that help your mind to move forward to where you can grasp a small part of the realities of Heaven; they give you the boost to break free of the carnal mind's gravitational pull. But don't stop there! Let Me take you even further to experiences that your mind can't even comprehend in earthly terms, experiences that will deeply feed and strengthen your spirit.

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## **1. You're a Touch of Heaven**

You're following Me up a mountain to the summit. As you look down, you see your current life and situation with all its cares and burdens way off in the distance. You watch in wonder as I show you the beauty of your life from a place where you can see it clearly, like I do.

When you're down in the midst of everything, you see the problems all around you and all the things that need to be done; you feel weary and tired. But as you look from here, you see how beautifully you stand out in the midst of the darkness of this world, and how you bring a touch of Heaven to Earth. Your perspective is then realigned with Mine. You simply can't help but smile.

## **2. Your Song**

Imagine yourself in My Heavenly Pavilion of Music. You stroll through the various exhibits and concert rooms, taking in the beautiful melodies that call out to you and beckon you to stay; yet something urges you on. You move from room to room, eager to hear as much as you can, and excited about what else might be awaiting you in the next corridor.

As you pass by one open door, you find yourself irresistibly drawn by a hauntingly beautiful melody. The melody you hear is so enchanting; it's as if every note was written to strike a resonant chord in your heart. It's so moving that it brings you to tears. You sit and you let the notes run over you, around you, and through you, until it's as if your spirit is pulsating with every beat, and the harmonies elevate you into a dreamlike trance.

This is the song that I wrote specifically for you when I created you. Each note corresponds to a specific facet of your spirit, so that when it's played, you're whisked away to another dimension—to the place where I created you, when you looked deep into My eyes for the first time and understood the fullness of My love for you. It's a place steeped in many precious memories for both of us.

Relax, and let this song take you on a wonderful journey.

## **3. Friends in Heaven**

Close your eyes and let your mind drift away with Me. Your surroundings come into focus as though you've been in a fog that is now dissipating. You find yourself standing in a rustic but warm and cozy room. The rich brown hues of the log walls and beamed ceiling gently reflect the dancing golden light from the fire in the large stone fireplace.

There are soft, deep carpets here and there around the room, surrounded by chairs and couches with arms that seem to reach out, inviting you to sink into their soft, welcoming embrace. The walls are lined with fascinating paintings of nature scenes. Their depths of color seem so real. As you study them, you feel as though you could dive right into that perfect lake, or step onto that autumn-hued forest trail to pet the

gentle little fawn looking curiously at you.

In the center of the room is an ornate, glass-topped table filled with bowls of fruit and nuts and trays of irresistibly delicious-looking cakes, cookies, and other delights. Colorful mugs of mulled wine and glasses of punch complete this display of tempting treats.

Though you can see the snow gently settling over the landscape, turning it into a crystalline wonderland beyond the window panes, here inside is a haven of warmth and peaceful rest.

The sound of happy voices begins to echo from a side entry hall as people begin to trickle in from the snowy outdoors, and hugs and cheerful chatter add the last remaining element to make this scene complete. These, your closest friends, who you feel like you've known forever, fill the room with life, and your heart with a sense of deep contentment. Sit back and drink in the scene. There's no pressure to do anything but enjoy being surrounded by the things that make you happy.

I'm here too, sitting closest to you. All you have to do is notice a snack or treat that appeals to you and I have it there beside you, ready to taste. Whatever you want, I have made it My task to provide.

This is only a taste of all that awaits you. As they say, home is where the heart is, and when you bring your heart to Me in meditation, I can create the perfect home for us. These glimpses of it are something you can carry back with you to cheer you on until we can settle into our home for eternity, one day soon.

#### **4. Meadow of Meditation**

I'm going to walk with you through a beautiful meadow of meditation in Heaven. This meadow is unlike any on Earth, because for each person who steps into it, it comes to life in a special way—one that is particularly appealing to them.

At first it just looks like a green meadow, stretching as far as the eye can see. The grass is perfect, but there doesn't seem to be anything else to it. That's relaxing, but I know you want to see more.

As you take your first step into the meadow, you see beautiful little flowers coming up all around you, opening up to the light with their perfect, fresh, soft petals blowing in the breeze. Butterflies flutter about and dance on the flowers. You now hear the soothing sound of a brook flowing through the meadow, playfully rippling over rocks and pebbles. A little farther away you see some deer gracefully moving about.

This is just the start of this scene coming to life. As you focus on it, you'll see more. Though this meadow is full of life, everything about it is relaxing. You can lie down

and sleep, or wade in the brook, or run through the field. Do as you please. This is your little corner of Heaven to enjoy right now.

## **5. A Magical Fountain**

Focus on this: You're lounging casually on a soft reclining couch, enjoying one of My heavenly gardens. Not far from where you're relaxing is a magical fountain. Just watching it soothes your spirit. Nothing on Earth can possibly match its beauty. At first, its lofty jet streams and cascading pools appear to be some form of magical water, but as you focus more closely on them, you discover that they are actually a union of water and light—liquid light! A beautiful glow surrounds this particular fount. This shimmering aura undulates as if it's alive, changing colors in a seemingly endless array of hues and shades far beyond the simple colors of Earth.

The glow seems to be expanding outward, slowly getting larger and larger, but in a beautiful, peaceful way, just like a flower opening its petals to the morning light. Closer and closer it comes, until it's tickling the tips of your toes. "Step into me," it seems to call ... and you do.

## **6. Gazebo of Restoration**

Let's go on a little trip together, shall we? There are so many places in Heaven that I'd like to take you, but I want to start by taking you to a place that is a part of the Gazebo of Restoration, where I restore your spirit.

You can choose to either walk through or to sit back and let My current take you through it. But for your first experience, I want you to just sit back and let My Spirit carry you. As you do, you realize that you're very comfortably sitting on air, and that this air is gently moving you along.

Now, open your eyes of the spirit.

There are two things about the Gazebo of Restoration that I want you to remember, because they are unique to this place. Besides these two features, this experience will be tailored to each individual.

The first thing is the breeze. It's gentle, soft, fresh, relaxing, and scented, yet not overpowering. The scent changes as you drift along.

The second feature is that of the veils. I call them "veils" for lack of a better word to describe them in your earthly language. They are actually healing panels of flowing spirit cloth which undulate in the breeze, and they each portray a different landscape or place. Mountains, rivers, beaches, the River of Life—you name it, it's all here.

These veils are more than depictions; they are portals which allow the beauty, the calm, and the fragrance of these places to enter into this Gazebo of Restoration and flow over you. As we make our way through these veils, slowly, surely, wave after wave of perfect, peaceful, and supernatural rest flows over you.

You can stay here in the Gazebo of Restoration for as long as you like. You can pause and let a veil flow over you slowly, or you can move on to the next one. Every place that brings rest to your spirit can be seen here—anything from watching the

beauty of children at peaceful play, to watching the majesty of the slow rotation of the Milky Way, to listening to the Song of Creation being sung. Whatever it is that relaxes you, you can partake of it here. Enjoy!

## **7. Lilac and Rose**

Breathe in slowly. Now breathe out just as slowly. Once again. Do you smell that? The lilacs have come into full bloom. Their fragrant scent fills the air like perfume. As we lie here together on the soft grass, a canopy of flowers arches overhead. Look up and watch them as they're blown by the breeze. See how they dance and sway so beautifully against the deep blue backdrop of the sky?

Intermingled with the lilacs are soft, graceful roses. Their fragrance mixes with the lilacs as they join them, dancing in the breeze. See how they twist and turn together in unity? Isn't it beautiful? Listen to the music. Do you hear it? It's the sound of their praises to Me, their Creator. They're dancing and singing with exuberance at being alive. This is "The Dance of the Lilac and Rose"—a beautiful performance that I have created just for you to enjoy.

If you watch closely, you can see that the petals change color with the music. As they sway rhythmically with the breeze, ever-changing colors stream across their petals, creating a vibrant effect. Let Me throw a special touch into this performance for you. There, a touch of sparkles to join the exquisite flowers in their dance.

They swirl from side to side, and up and down, spinning around in perfect time with the music. It's like a garden of dancers in step, in time, and in perfect harmony. Watch them, My love. They're for you to enjoy.

## **8. Tree House**

Tree houses have a way of stirring the child in every heart. I want to show you one of the tree houses here in Heaven. The tree it is built in is immense, which makes it just perfect for the tree house I had in mind when creating it. This tree house makes even the best tree house you imagined on Earth seem minuscule. There are so many different rooms and levels to explore, and lots of little secret hideaways and places where no one would ever find you or even know that you were there.

That's where I want to take you now, My love, to this tree house where you can find a spot that suits your fancy, and where you can get away from everything and just rest and enjoy relaxing in My creation. I know that you not only like the cozy feel that the tree house gives, but you also like the wide open expanse, and this tree house grants both of those wishes.

Come, let Me take you to a spot that I think you'll really enjoy. It's a bit tricky to get to, but you can be sure that no one will find you here. Follow Me through these passageways, secret doors, and chambers. We're almost there. I open the last door

and you find yourself in a secluded spot near the top of the tree where you can look out at all that surrounds you.

You see rolling hills in the distance; a little river flows nearby, and wild horses graze in the fields not far from you. “Perfect,” you think. You look at Me gratefully, and I say, “I knew you would love it here.” You relax in an armchair that is positioned right where you can get the best view of everything that surrounds you. You’re perfectly comfortable and at ease, without a care or worry on your mind.

## **9. Cloud Art**

You’re walking down a small trail in a forest of beech trees. The sides of the trail are lined with the same bright moss that grows up the base of the old trees that surround you. The air is moist, cooled by a gentle breeze.

As you walk along, light, misty clouds begin to drift through the forest’s canopy in a slow-motion dance. They seem to be trying to get your attention as they tumble and twirl in the breeze. As you watch them, they start to gather into groups like actors getting in position onstage before the curtain rises.

You find a comfortable place to sit in between two outstretched roots of a large tree. Nestled there and sheltered from the wind on a soft cushion of moss and leaves, you once again look up, as the cloud formations change into soft, billowy shapes that remind you of people, places, and other things that are blessings in your life. You chuckle at the cartoonish renditions of what brings you happiness, contentment, and fulfillment.

Can you see it? These are My angels who love to remind you in little ways of My gifts of love to you. They love to illustrate My personal care for you. Whenever you find the cares of life shrouding your blessings and making them seem insignificant, they’re always waiting in the wings for their chance to put on a show that will bring My loving care back into view in all its glory. Praise Me now in your heart with ceaseless joy as you watch My cloud art performers.

## **10. Magic River of Life**

You’re sitting in a majestic golden boat that is gliding effortlessly along the River of Life. You’re not speeding, yet this ride is strangely exhilarating. It’s powered by the spirit, just as everything around you lives and moves and flows with this same peaceful, beautiful spirit of Heaven. Unimagined colors and sights and sounds fill your senses as you gaze to the right and to the left of the river’s edge.

Something is happening inside you that you’ve never felt before. Your spirit is quieted, as if held safe and secure and at peace by all that you’re seeing and experiencing. You feel the urge to lie back, and as if your desire were audible, you feel your seat moving and changing shape beneath you. Your desire becomes reality. You are now lying back in a comfortable lounge chair. It’s just the right height and feel, and you can still see the river’s edge.



You watch the beautiful trees as you float by them. Fairies play in their branches and pick the fruits for your delight. Taste the fruit they bring you. They've brought you a special piece. This fruit is no ordinary fruit. Its nectar is like a magical potion, helping you to relax and let go of all your cares and worries. Take a bite. Taste its delicious nectar. It's heavenly. You feel like a little child again, happily lying under a shimmering golden canopy.

Rest now, My love. Close your eyes and let the nectar fill your whole being with peace as you surrender to Me and let your mind go.

## **11. The Rotunda of Heavenly Vision**

Picture yourself stepping out of the wings and into the Rotunda of Heavenly Vision. It's as if you've been carried into another dimension. Outside in the wings, there's so much noise, so much activity constantly surrounding you, hurrying you along; the steady drone of voices around you, calling out to you. There seems to be a constant pull on your strength from all directions—from members of your personal family or the people in your Home, or those that you work closely with, or from the work that needs to be done. You have to be on guard and alert, because the threat of attack is always upon you.

But now I've called you to step in under the dome. Here you feel a quiet, a peace, and a calm that you had almost forgotten existed. You hardly realized how loud it was outside, because you had grown accustomed to the noise. But the moment the door to this hallowed place closes behind you, it shuts out the noise, it shuts out the urgency and pressure of all that there is to do.

You look up into the dome. Above you lies the vastness of the entire universe. How small you are, how tiny compared to eternity, compared to the countless stars and planets, the multitudes of galaxies. You remember that while I made all of them, I also made you.

A spirit of awe and wonder comes over you as you're reminded of My greatness and My power. In that moment, all of your worries vanish. All the cares and burdens that were weighing so heavily on your heart and mind slip away. As you take deep breaths of My heavenly, refreshing air, its invigorating power contrasts sharply with the thin air out in the wings that often left you gasping and weak. That's not the case here. Here the air is so clean, so fresh, so enriched with spirit that each time you inhale, you seem to feel your whole body being rejuvenated and restored.

You feel so relaxed, so calm, so at peace. Such a powerful love is enveloping you that nothing can intrude; no worry or care can invade this place where our hearts are blended together as one.

## **12. Weightless**

Lie somewhere comfortable and close your eyes. Take a deep breath. Feel your spirit lifted. Feel yourself almost weightless. Feel all your cares and burdens being miraculously left behind. If some of them try to cling to you, just remind yourself that

you're not a creature of this world; you're just wearing a "body suit," so to speak, and now you're taking it off (and along with it, the cares that accompany its existence), and you're flying back to your home in Heaven for a short rest. It can be short or long, depending on how long you want to stay.

I love it when My children take time to be with Me and not think about their work, their duties, their responsibilities, their families, their jobs, or the other pressures of life. I love to just hold you and be near you. Your love means more to Me than anything you could ever do for Me or in My Name.

### **13. On a Yacht**

You're out at sea on a perfectly bright, sunny day. We're on My yacht. It's easy to maneuver and fun to take out for a day on the water. You see nothing but the vast expanse of the ocean in every direction, and you feel completely surrounded by My love and presence. The air smells great! The view is breathtaking. The breeze is refreshing. You experience that feeling of being something so small amid something so great.

You lie on the deck perfectly relaxed as the boat moves with the steady, gentle rocking of the swells. You relax with a refreshing drink—your favorite! You look over the side of the deck and into the water to see a whole world beneath you. It's not a hurried world; the fish and sea creatures glide through their underwater world with ease. This is Heaven, and everything about it is heavenly.

There are big fish, small fish, colored fish, and plain fish. The water looks so deep; it seems to go down forever. There are whales, sharks, dolphins, manta rays, and every conceivable ocean creature—and all are friendly. Some come up near the surface of the water, and if you lean way over and dip your hand into its cool freshness, they come closer to you so that you can touch them. They're playing in their vast underwater world, dancing, talking, and praising Me in all that they do.

It's so quiet out here on the water. You hear the sound of the wind as it catches in the sails, but aside from that, all is quiet, all is rest.

### **14. Living Statues**

You enter a magnificent room full of sculptures like those created by Michelangelo on Earth, only much more magnificent. The beautiful white and gold marble pillars seem to be raising their arms in praise and adoration to Me.

Within this room, there are many sculptures of people, angels, and spirit beings. They seem to be made out of stone, yet you think you hear one of them say something. Yes, My darling, walk up to it and hear what it has to say. As you near each one, they will come to life and speak to you of My goodness, offer praises to Me, or whisper words of love in your ear.

Each statue has something special to say to you. There are so many of them that you could remain in this room for a very long time, but you don't have to visit all of them today. Feel free to return to this room and hear what each living statue has to

say. You'll find that they'll fill your ears with such wondrous things about Me that you'll just automatically want to dwell on Me and praise Me along with them, and through that, you will find your faith strengthened and renewed.

### **15. Panoramic View**

You're standing on a hill overlooking a lush, green valley. A fresh, invigorating breeze is blowing across your face and through your hair. You gaze up at the sky. A large multicolored bird is soaring in the wind. The same breeze that is sweeping past you has filled his wings and carries him high. He glides effortlessly, with only the slightest turning and tilting of his wings now and then to keep him in the center of the strong currents of air as they sweep up the side of the cliff and spread out like a great, invisible fountain, supporting this majestic creature.

You feel that same breeze lifting you high into the sky. There is no effort on your part except to keep your arms outstretched. It's natural and relaxing. You join the bird and soar together above the beauties of creation. Your eyes feast on the multihued panorama as you soar effortlessly above every care.

### **16. Beings of Scent**

Imagine yourself leaning back in a comfortable reclining chair, awaiting a day of spiritual pampering. This will leave all earthly relaxation treatments in the dust, as the relaxation you begin to feel here goes so much deeper than skin and muscles.

A variety of heavenly hypnotic scents float through the air toward you. You breathe deeply to take in as much of them as you can, and as you do, you feel their effect on you. They move through each thought in your mind and turn them toward Me.

These scents are ministering spirits that come to soothe your spirit, relax your nerves, and give you peace of mind. Let them in. Let them go deeper with their healing, strengthening potions. Let go of your earthly senses and everything around you as you sink deeper into the feeling of calmness of spirit. They will bring you directly to Me.

### **17. Lost in My Love**

You're lying on your back on a grass-covered knoll, dotted with little white wildflowers. Behind you lies an incredible mountain range—mighty, high, snow-covered. Before you is a beautiful little valley with a placid river running through it. There are fields and forests and lakes in the distance, and they extend as far as the eye can see, fading into the misty horizon.

It's one of those days where sitting in the shade would be just a bit too cold, but lying out under the sun, with its warmth radiating on you, and its light caressing you, feels just right. There's a gentle breeze carrying that cool, fresh mountain air from above.

You're looking up into the open sky and you feel so relaxed. There are no clouds today, only open heavens, and a sky so blue you feel you could dive into it and swim. Oddly enough, you can't actually see the sun. You feel its warmth, and its light shines everywhere, yet when you gaze up into the sky, there is no bright sun there to blind you or cause you to shield your eyes.

All you see—from one end of the horizon to the other—is a perfect clear blue sky. All you feel is My love, which is far greater, vaster, wider, deeper, and more eternal than any sky. You allow yourself to be lost in My love.

## **18. An Underwater Experience**

Close your eyes now, for your physical eyes hinder you from feeling and seeing the things that I want to show you. Take My hand and let Me lead you. Feel the water lapping around your ankles. It feels as though we're walking by the seashore. You feel the wonderful sensations of sand beneath your feet and between your toes. It's not hard and scratchy sand; it's soft, and very warm.

There's a slight breeze, and the smell of salt water fills the air. The water starts to rise higher around your legs, now your knees, now your chest. You're still holding My hand. You open your eyes just as the water rises over the top of your head, and you find that you're still breathing. You're perfectly at home in this underwater environment; it's as though you were created for it.

You walk along the bottom of the ocean without any problem at all. You see others in the distance, but they're all too far away for you to see them clearly. Some appear to be swimming. Some even have beautiful colored tails like the mermaids of children's fairy tales. The sandy bottom is smooth and clear, though there are splashes of color and some rocks in various places, as though someone had been decorating. Colorful schools of fish are everywhere. They're not afraid of you.

You walk further and deeper into the water, yet it's still as light and clear as if you were only a few feet away from the surface. The water is aquamarine; it looks like crystal.

A large fish swims up close to you. Though you recognize it as a type of shark, you have nothing to worry about. The shark doesn't look scary like the pictures you've seen of sharks on Earth; it's beautiful and friendly. It has a baby with it, and seems to just be enjoying the location as much as you are. You pat its smooth back as it passes you.

Nearby, there are some large turtles swimming in graceful synchronization. They're so majestic. You stop and gaze at them for a moment.

Everything is new, refreshing, and restful. You look up and see ripples forming on the water's surface. You swim up to find out where the current is coming from. As you surface, you feel a rush of pure energy as the ripples wash over you. You're reminded of your Father David's poem, "The Wild Wind!"

You find that you're actually within the currents of the Wild Wind Herself. It's one of Her manifestations. You feel a fantastic rush of pleasure, freedom, passion, and

power fill you and then linger for a while. As you float into Her current, it will carry you along with it, like a twig in a stream. But there's no need to worry; She's very careful and you won't hit any rocks.

Lie back with the Wild Wind. Watch the sights and hear the sounds. Feel the pleasure of the currents of water against your skin. Let Her carry you away.

### **19. An Array of Natural Beauty**

You're standing on the most beautiful, peaceful beach you've ever seen. The water before you is an outstanding hue of violet, yet so clear that you can see down to the ocean floor.

You're taking it all in—the invigorating smell of salt air, the ever-present ocean breeze, and the few perfectly formed clouds floating in the crystal-clear sky. You hear the rhythmic breaking of the waves upon the shore, steady yet gentle. Behind you, the perfect white sand extends only a few feet from the water, where it then immediately turns into a thick blanket of lush, emerald-green grass.

There are palm trees here too—tall and swaying ever so gently. They complement the picturesque scenery beautifully. A bit further inland, just where the grass ends, it breaks into the most beautiful field of flowers, so diverse in color yet somehow perfectly complementing each other. This field of flowers fades into a thick, beautiful, fairytale-like forest. Beyond the forest are high mountains, each with snowcapped peaks.

Take in the scene, My love. Revel in its calm and serenity. Here with Me in this special place, where there's a collection of natural beauty all rolled into one, you can find perfect peace that passes your understanding.

### **20. A Heavenly Sunset**

Focus on the glorious sunset that I've created for you here in My heavenly realm. As the sun sets, the colors of the sky dance and change in beautiful, blended color, first pastel and then rich, deep, full colors. Every color carries with it a sensation—one that becomes a part of you as you take it in.

Now you're not just looking at the sunset, you've been lifted into it. You're floating through it, taking in the warmth of the sun, the energy that is coming out of every color and shade, and the refreshing mist that is flowing through the air.

As you pass through the clouds, your spirit is being cleansed of everything that was burdening it. You're truly free here in this magnificent display of light and color.

### **21. Precious Gems**

You're in a room of gentle whiteness, soft and mellow. Your focus is on the center of the room where there is a pile of multicolored gemstones. They are large and have

already been cut. They scintillate in the brightness.

You walk over and stand next to the pile of gems, which is somehow elevated from the ground, as though resting on an invisible table. However, your surroundings and how the pile seems to hover in the air at waist level are of little or no importance to you; your attention is solely on the jewels.

You're not looking at them greedily. You're not interested in taking them, despite their value. You're solely interested in gazing upon their beauty. You just want to look at them and admire them—the way they shine, the way each one is gorgeous and unique, though one is not preferred above the other.

You're almost mesmerized by them, as each one has spectacular qualities. Each one is different, and each one gets your attention. You find yourself lost in the colors, shapes, and beauty. Listen to them as they speak of their secrets.

## **22. Explore the Elements**

Here in Heaven there's a place where you can go to fully experience the elements of creation. You can shed your human form and simply become a conscious entity. It's a unique opportunity to be a part of the orchestra of My creation.

You can be a gust of wind circling the globe on a hundred air currents, sweeping and swirling like a cello's rich song, bringing warmth to mellow the winter's chill. Or, you can dance playfully like the flute as your cool, refreshing currents bring joyful relief from the searing heat of the desert. Or, spin up a storm like the crashing percussions, your wild energy lighting the sky as you sweep away the old so that the new can spring forth.

You can also be like the gentle, steady smoothness of the viola as you push the billowed sails of a sailboat on its way to new horizons.

You can be a drop of water performing the amazing dance of the water cycle. Beginning as a cloud, you might take on the nature of the harp's feathery, floating sounds as they swirl on the air currents, sometimes light and barely noticed, and sometimes strong and resounding as note mounts upon note into columns of towering, awe-inspiring beauty.

Then you might take on the lilting dance of the harpsichord as you fall and tumble as rain on your joyful journey towards the Earth. You arrive sometimes in a light, misty fog that caresses, and sometimes with the power and force of tropical rains. Your arrival might momentarily evoke sadness or deep emotion, but soon the playful sounds return as new life springs forth.

As you begin the next part of your flowing journey you can take on the nature of the violin—first as a tiny, thin rivulet weaving your way around the pebbles, then joining with other tiny streams and becoming more complex and faster moving.—Till sweeping majestically over waterfalls and rapids, you end in the slow, rich fullness of the ocean.

Next you can become like the massive, powerful tones of the pipe organ, rising slowly but in great volume and power as the sun's heat draws you irresistibly upward

into the heavens to begin your dance again. Perhaps this time you'll start as the tingly iciness of the triangle, but that's another experience.

You can be a ray of sunlight, taking on the all-encompassing, all-pervading tones of the piano as its stimulating notes radiate light and warmth and energy to My symphony of life, transposing each key to blend with all parts of My orchestra of creation, bringing vitality and life to everything, and producing the full spectrum of My love that has brought everything into being, and that supports and enhances the beauty and glory of every other part of this song of praise to Me.

This place in Heaven is unique. You can come simply to partake of the wonder of My creation in this special way, or to gain the peace and the knowledge that, like the perfect symphony, I created all of these amazing processes for your joy and benefit. Would you like to give it a try?

### **23. Castle of Meditation**

Snuggling deeper into the cushions, you gaze out the window of this magical retreat. Thankful for this time away from your tasks for Me, your eyes take in the tranquil beauty of this suite in the Castle of Meditation. You're already feeling its healing benefits. You feel calmer, more rested, and you have a peace that you know can only come from Me and from having spent quality time in My arms.

In the distance you see the glow and majesty of a group of angels preparing to travel through the realms of the universe, and then they're gone. Another Earth mission calls them. Another victory is on the way. You smile. You're reminded once again that everything is under My perfect, all-knowing control. You sense that strongly here. You sense great order and great power, but also great peace. There's nothing to worry about. There's a wonderful and perfect plan for you, your loved ones, and for all of mankind and every part of My creation.

Comforted, your thoughts about everything but Me leave you as though they had wings. They take flight out the window and into the distance, and you are left with a peaceful expectancy and desire that I can now fill.

### **24. Botanical Garden**

Imagine yourself walking with Me through a large gate that leads to a beautiful botanical garden in Heaven. Yes, that's where I'm taking you today. I wish for you to get a taste of the beauty of My creation as we walk through this majestic garden. As you'll notice, not only are the flowers and vegetation outstanding in their own right, but the walkway we're on is made of precious stones—a variety of different jewels and gems that make the pathway sparkle with its own beauty.

You gaze in awe at your surroundings. Many of the flowers in this garden, you've never seen before. Those that you are familiar with are many times more beautiful, colorful, and perfect. Aromatic scents float through the air. The scents don't clash or overpower you; they're subtle, and they change depending on what flower you're

admiring or taking in.

You're wondering how this can be called a garden, because it's so vast—larger than any garden you've ever known to exist. Well, for it to hold every variety of flower and plant life that I have created, it has to stretch further than the eye can see. On Earth, you only have a small fraction of this plant life. I have countless exotic flowers, plants, vines, and trees to show you. To you, this will seem like a magical garden, because it's as if each plant is alive and has a personality of its own.

For a while, forget all the work you need to do and enjoy your time in this garden. Focus on the beauty before you.

With every breath you breathe, the scent of the flowers fills you with the intoxicating perfume of Heaven. With every sight and color you take in, you are given strength and life. With every sound you hear—whether it's the song of a bird, the gentle splashing of water in a fountain or brook, or the soft, heavenly music that fills the air—you're receiving hope, joy, and energy into every fiber of your being. Everything in this garden is perfect and emits a life-giving energy that renews and revitalizes you.

## **25. Strange Truths**

Picture yourself beside a gently flowing stream. You can faintly hear the sound of the water splashing on the rocks that lie along the edge of the stream. Gazing into the waters, you see your reflection, but peering past that, you see little hermit crabs gently waltzing along with the current. Little fish swim happily about, nibbling on the plant life as they journey along the stream's course.

As the sun's rays glisten on the surface, you catch reflections of the precious jewels that line the stream's bed. Can you see the colors coming to life on the streambed as the sun's rays illuminate a diamond here and a brilliant blue sapphire there? The deep red rubies, sparkling green emeralds and violet amethysts all seem to awaken and glow as the light dances across them.

Now, dip both your hands into the water. Feel the cool, refreshing waters. It's just the right temperature for your comfort. Don't worry about the life forms in the stream, the "strange truths." They're harmless. Remember that nothing hurts or destroys here in this wonderful place, in My Kingdom.

Taste the water. It's delicious, isn't it? Wash yourself in it. Play in this gentle stream of My Spirit. Relax and bask in its beauty and stillness. Surrender to its serenity. Let it gently wash your busy thoughts away and give you peace.

## **26. The Magic of Music**

Close your eyes and imagine this: You're listening to music—your kind of music, the music that really moves your spirit. You feel yourself becoming one with its nature, to the point that you sense that it's alive. It's moving and dancing all around you and with you. It's capturing your entire attention. Now it's moving away, and you feel yourself drawn after it like a magnet. It sweeps you upwards into another realm,



to a celestial dance floor.

You find yourself dressed in the perfect attire for the style of dancing you love. There's a giant crystal ball spinning slowly in the center of the room, radiating magical light and color. It moves with the music as if it too were alive. The room is filled with musical notes that take turns dancing with you, morphing into the perfect dance partner, one note at a time.

As you let the music move you, you forget all about yourself. Lost in its rhythm and melody, you completely let go. A transformation then takes place. As you let go of yourself, My heavenly music replaces each fear, worry, and concern lingering deep in your heart with an unshakable feeling of peace, faith, contentment, and sweet surrender. My heavenly music is so much more than sound. It is spirit, it is energy, and it will propel you into such wonderful places.

## **27. Heavenly Oak Tree**

Imagine a giant, majestic oak tree fully covered in beautiful, deep-green leaves. This heavenly oak is a special getaway spot for you and Me. As you sit or lie on any branch, it changes form, creating a little hollow to nestle in. Here you can fully take in the healing effects of green power and be refreshed by it. The air is fresh, sweet, pure, crisp, and still. Everything is just right. It's perfect for our time of meditation together. I love it! Don't you?

## **28. Stream of Life**

Follow the quiet sounds of the stream. The sound gains volume as you become aware of where you are.

You're sitting on a fairly large rock, just on the edge of the stream. You dip your feet into the cool, crystal-clear water that strongly contrasts with the heat of the sun that you feel on your back. You pull your feet out of the water after a short while and place them on the warm rock beneath you. The heat from the rock under your feet feels so good.

After a while you reach behind you to a pile of leaves and start to drop them into the stream one at a time. You watch as each one deftly wends its way between the rocks till out of view. Then you do it again.

"How like my life," you think. "I am a small floating leaf in the stream of God's will. Not a lot of steering is employed or even needed, and yet I am protected from hitting the hard rocks in my path. There's occasionally a bump that propels me back into the center of the stream, but it's as if magically I am kept safe. His angels protect me,

even though I can't see them. They bear me up like this water, unseen, and yet the ripples of their actions touch me so often."

## **29. The Spirit of Heavenly Music**

As you pause amid the cacophony of life's discordant tunes and you close your eyes to think of Me, you feel the sounds of this world receding, and you escape to My heavenly concert hall. It's then that you hear the heavenly music. It's the kind of music you can get lost in, the kind that carries you away with every perfect note. You can almost see the music in colors—hundreds of them, so beautiful. The heavenly melodies wrap you within themselves, and you can float on their perfect notes. You can hear them, see them, and feel them.

There's a power that emanates from each one. It's the Spirit of Heavenly Music. She is like the Spirit of the Wild Wind. She has no set form or appearance, but is like a graceful blend of wind and water. As she washes over you, your mind and heart experience complete serenity and rest, joy inexplicable, warmth, and comfort.

She leaves you feeling filled and satisfied, yet somehow wanting more. You want to be taken deeper into the world of her sounds; you want to get lost within her music, to explore each and every note she brings. You know that I am within her, and that the more you allow her sound to enrapture and carry you away, the closer you'll be brought to Me.

Listen to the strains of sweet music and breathe deeply of the sweet heavenly air.

## **30. Marriage Supper**

It's finally here, and you feel like a child experiencing a thousand Christmases all at once! Through the months and years of growing, learning, struggling, and overcoming, the thought of reaching this point has often given you the strength and courage to keep taking that next step and to pull that next lost soul from the darkness. And now it's here.

As you step out onto the crystal sea, on which this celebration is about to begin, the full reality of what you've played a part in leaves you in total awe. The many times when you felt so alone and as if you were fighting singlehandedly against the Enemy's onslaughts suddenly seem so ridiculous as you look out over the vast crowds of people, angelic helpers, and spirit beings assembled for this, the greatest heavenly celebration to date. You realize that you were surrounded every moment by multitudes who were praying for you, fighting at your side, holding you, caring for you, and loving you through to this glorious moment that you are now experiencing.

Strangely, though, despite the magnitude of this celebration, you don't feel lost or insignificant in its vastness. The moment you stepped onto the crystal sea, a hand

took yours. You were so awed by the realizations and the scene before you that you hadn't thought to see who was at your side. Now you turn to see who this friend is who seemed to sense your need for a little support at that moment. As you turn to look, you find yourself gazing directly into My eyes. The initial awe and wonder at the sight of such a vast scene melts away, and a warm sensation of complete trust and love pours in. I whisper to your heart, "Just look up anytime and you'll see Me there wherever you may be, looking only at you."

I then step back a little as a small crowd of excited friends gathers around you and you're swept up in the joy of seeing them. The crowd around you grows steadily. Somehow you know each one and clearly remember them and how you came to know them. The realization of how great an impact your seemingly tiny efforts on Earth had, fills you with a satisfaction and humble thankfulness to Me. Each time you think of Me, you look up, and somehow, there I am just a short distance away, looking lovingly into your eyes.

Music floats through the air and seems to wrap around you, engaging every one of your senses. The thought of feeling inhibited doesn't even enter your mind. You dance and laugh and sing, and everyone else dances and laughs and sings with you.

As the music eventually subsides, you find yourself drawn to relax on a cloudlike couch amidst a group of close friends. As you enjoy the stream of heavenly delights that float by in a tempting, endless parade, the time of commendations begins. There are no boring speeches, no long waiting lines. It's more like sitting in a park with your friends, watching the most glorious fireworks display ever. Each one has their moment when they are presented with their reward; and the awe and beauty of each one's reward, in its own unique way, leaves you thrilled.

Then you feel that hand in yours once again. You find yourself floating gently at My side and all eyes are upon you. Strangely enough, you don't feel the least bit self-conscious. I declare My love for you, and the air is filled with color and sensations as I present you with rewards far beyond anything you could ever have expected or dreamed of. But in that moment, even the glorious rewards are surpassed by one thing. In the midst of all this you cling to Me and say over and over, "All I ever wanted was You, Jesus! Thank You, thank You, thank You."

In that moment you realize that all those times when you didn't know if you'd make it, all those times you were tempted to give up, all those times when you thought you were done for, were what brought you to this moment. Your heart is at last truly thankful for each thing that you have passed through. This is the ultimate victory. I brought you through each and every one, and now you're here, today, experiencing the ultimate fulfillment of all of your hopes and dreams.

That's when it begins to dawn on you that this is just the beginning! What began as a party to celebrate the end and rewards of one era, now turns into a thrilling celebration of even greater victories to come! So let's really celebrate!